#### RETURNING TO HAWAII 4-DAY EXTERNSHIP® IN EMOTIONALLY FOCUSED THERAPY (EFT) SPECIALIZED COUPLE THERAPY

BECOME AN EMOTIONALLY FOCUSED THERAPIST AND HELP COUPLES TRANSFORM THEIR RELATIONSHIP



#### Honolulu Hawaii December 19 - 22, 2018

Effective, Skills Based Couple Therapy Training

Facilitated by Rebecca Jorgensen, PhD Certified Trainer: Emotionally Focused Therapy Co-Director of TRI EFT Alliant • www.trieft.com <u>Click Here to Learn More</u>

ICEEFT

# HONOLULU HAWAII DECEMBER 19-22, 2018

Emotionally Focused Couple Therapy (EFT) is an effective short-term, research-validated approach to couple therapy, developed in the mid-1980's by Dr. Sue Johnson, founder of the International Centre for Excellence in Emotionally Focused Therapy (ICEEFT).

It reflects the most recent research on the nature of relationship distress, adult love, and emotion. Emotionally Focused Therapy has revolutionized couple therapy. It is a Humanistic and Process-oriented therapy and based on John Bowlby's Attachment Theory.

It is the most empirically supported model of couple therapy, is being taught all over the world and is the must-know model if you are working with couples.

Click Here to Learn More



# **About Your Trainer**

#### Rebecca Jorgensen, PhD

Specializing in EFT training development and support Dr. Rebecca Jorgensen completed her EFT training with Dr. Sue Johnson. She is a Certified EFT Trainer, Supervisor and Therapist.

Becca is a founder and Co-Director of the Training and Research Institute for EFT Alliant (TRI EFT). She serves on the International Committee and the Strategic Planning Committee for the International Centre for Excellence in Emotionally Focused Therapy. She consults with agencies and speaks internationally, helps therapists prepare for EFT certification and mentors EFT supervisors and trainers in training.

She is devoted to strengthening families through helping couples develop safe and secure marital bonds and helping therapists discover the power of using EFT. She offers online seminars, internet based group consultation and frequent educational webinars. She maintains a clinical practice typically seeing couples in an intensive couple therapy format. She is a therapist's therapist and offers Hold Me Tight© Workshops for Therapists around the globe.

Dr. Jorgensen has two best selling training videos, Emotionally Focused Therapy: A Complete Treatment and Emotionally Focused Therapy: Step by Step.

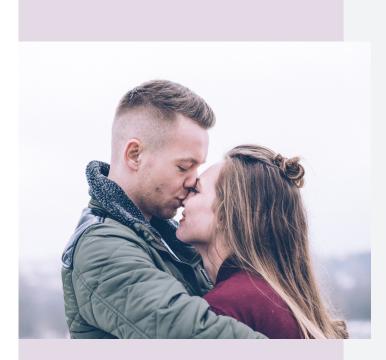
### **OBJECTIVES OF THE EXTERNSHIP**

The Externship offers 28 contact hours and is the beginning in-depth training designed to help you learn the basic clinical skills required to practice and become certified as an Emotionally Focused Therapist. The program includes live sessions, theory, clinical techniques and skill training. It is designed to give you:

- Specialized training in couple therapy.
- A clear map for intervening with couples to facilitate lasting change.
- An attachment view of couple distress.
- Skills to work deeply with emotion.
- A meaningful, competence-driven certification process with ICEEFT.
- Eligibility for membership in ICEEFT.
- Access to a growing and highly reputable international therapeutic community.

This Externship is organized by TRI EFT and supported by Dr. Cindy Zane and members of the Hawaii EFT Community, Arogsy University and the Hawaii Psychological Association.





# WHO SHOULD ATTEND?

Professionals who work or would like to work with Couples and Families: Counselors, Psychologists and Marriage and Family Therapists.

\_\_\_\_ I am a member of a recognized profession- al mental health organization.

\_\_\_\_\_ l agree to not record any part of this train- ing in any format (audio, video, or visual). Person- al written notes of non-confidential material are permitted.

If you have questions concering this please email the Externship organizers at help@trieft.org

# WHAT WILL PARTICIPANTS LEARN?

The Externship is the first in-depth training designed to help you learn the basic clinical skills required to begin practice and become certified as an Emotionally Focused Couple Therapist as developed by Dr. Sue Johnson. The program includes live sessions, theory, clinical techniques and skill training.







To register for this unique training, visit trieft.org. Click here

For further information Email: help@trieft.org

#### **PAYMENT INFORMATION**

#### Externship Hawaii – Your Investment

Early Bird price through November 5, 2018: \$750 After November 5, 2018: \$850 Special pricing available for Students, Interns and Military. Please note: Booking will be confirmed on reception of payment

### **LOCATION & ADDRESS**

Externship Hawaii will be held at Argosy University

Argosy University, 1001 Bishop Street, Suite 400 Honolulu, Hawaii 96813. For directions: **WWW.TRIEFT.ORG/HAWAII-DEC-2018/** 

Go to **<u>WWW.TRIEFT.ORG</u>** for registration and learn how to really help couples.

