2016 HAWAI’I PSYCHOLOGICAL ASSOCIATION CONVENTION
Psychotherapy Research and Practice: Crossing the Great Divide
October 21-22, 2016
Pōmaika’i Ballrooms at Dole Cannery
Honolulu, Hawai’i
Introducing the 2016 Hawai'i Psychological Association Convention

I am excited to introduce the speakers for HPA's 2016 Convention, probably the best ever. Plus, this year we are pleased to be able to offer Continuing Education credits for most of our offerings - giving attending psychologists practically all the CEs they need for the two years required by the Board of Psychology.

HPA is committed to offering the best quality CE courses to its members at the lowest possible prices. This Convention fulfills that goal. Not only do we want to expand what we offer, but also to expand who has access to these fine presentations. For the first time, our neighbor island colleagues can access many of the Convention programs through Online Videoconferencing.

We commence the Convention with an opportunity for attendees to hear from the HPA Board of Directors about upcoming plans for 2017. It is also an opportunity for the Board to hear from the HPA membership and other community practitioners.

This year’s Keynote speakers were recruited to help practicing psychologists with the major issues soon to be facing us, especially since healthcare policy is moving toward evidence-based practices, integrated care, psychopharmacology, and making other regulatory changes to the way we practice.

Louis Castonguay, Ph.D., kicks off the convention Friday with an all-day training entitled “Crossing the Great Divide Between Psychotherapy Research and Clinical Practice.” Dr. Castonguay is a Professor of Psychology from Penn State, and a prolific writer, including many books and published articles on clinical practice.

Elena J. Eisman, Ed.D., ABPP will speak Saturday on “Integrated Care: Why, When, and Where do you fit in.” This talk, a must for practicing psychologists, will discuss challenges licensed psychologists will soon be facing in the changing landscape of healthcare. Dr. Eisman serves as the Director of the American Psychological Association’s Center for Psychology and Health and APA’s Associate Executive Director for Governance Operations.

Morgan Sammons, Ph.D., ABPP will also speak Saturday on “The Emerging Healthcare Market: Legal and Regulatory Issues that Will Change Your Practice” as well as “Psychopharmacology Update for Psychologists.” A former Prescribing Psychologist in the Navy, previous Dean, California School of Professional Psychology at Alliant International University, and current Executive Director of the National Registry of Health Service Psychologists (National Registry), Dr. Sammons is well suited to present on both topics.

In parallel with Friday’s Keynote Address, two half-day workshops will explore experiential, skill-based approaches to treatment. Similarly, Saturday’s programs offer attendees an excellent choice of keynote speakers, workshops, symposia and roundtable discussions with presenters who will impart their unique perspectives on various topics of great interest to attendees. Saturday afternoon also has a paper session chaired by Puanani Hee, M.A. We will have an excellent display of more than a dozen posters in the lobby in-between talks, and there will be time during the ‘Pau Hana’ on Friday to discuss these projects with their authors. During Saturday’s fabulous Hawai’i Favorites Lunch Buffet, join us as we honor psychologists and community members for their extraordinary work and accomplishments at the Awards ceremony.

I hope you agree that this is the best Convention yet! Please let me know what you would like to see in 2017, so we can continue to provide you with the best training possible, along with a great venue for interacting with colleagues.

Aloha,

Jim Spira, PhD, MPH, ABPP
President-Elect
Hawai’i Psychological Association
ABOUT THE CONVENTION

Pōmaika‘i Ballrooms at Dole Cannery: The Pōmaika‘i Ballrooms are located at 735 Iwilei Road, Honolulu, Hawai‘i. You can visit their website at pomaikaiballrooms.com.

Friday, October 21 and Saturday, October 22, 2016: On Friday, October 21, the multi-track convention program will be held in the Hōkule‘i Ballroom area. On Saturday, October 22, the multi-track convention program will be held in the Pi‘ilani Ballroom area. Please see the schedule for more details.

Parking: Dole Cannery Parking is free for registered participants. The parking structure is the same one used by the Regal Theaters. Take the parking structure elevator to the 2nd level to reach the Pōmaika‘i Ballrooms. Detailed directions on how to get to Pōmaika‘i Ballrooms can be found at http://pomaikaiballrooms.com/contact.php?p=contact

CONTINUING EDUCATION CREDITS:

CE credits will be given only to those who attend entire workshops and complete and submit the evaluation forms. Web streaming participants can submit their evaluation forms electronically.

- **6 CE** “Crossing the Great Divide Between Psychotherapy Research and Clinical Practice”
  Louis G. Castonguay, Ph.D.

- **3 CE** “Meditation in Psychotherapy: Integrating Attentional Training Into One’s Practice”
  James Spira, Ph.D., MPH, ABPP

- **3 CE** “Forget About ‘Pain Management’, It’s Time for Comfort Skills - A New Treatment Paradigm for People in Chronic Pain”
  Daniel Lev, Ph.D.

- **1.5 CE** “The Science of Love and Emotionally Focused Therapy”
  Priscilla Zynda-Otsuki, Ph.D., Cindy Goodness Zane, Psy.D., JD and Jeanie Li, Ph.D.

- **1.5 CE** “Grounding Violence Risk Assessment in Relationship: A Workshop for Clinicians”
  Lynett Henderson Metzger, Psy.D., JD

- **1.5 CE** “Integrated Care: Why, When, and Where Do You Fit?”
  Elena J. Eisman, EdD, ABPP

- **1.5 CE** “Psychology in Barren Lava Fields: Integrating Research and Practice in Rural Community Health”

- **1.5 CE** “The Hand-Off From Low-End to High-End Services for Youth: Can We Fix the System?”
  Lesley A. Slavin, Ph.D., Jenna Symons, Psy.D., Adair-Leland, Ph.D., Marie Vorsino, Psy.D. and Alex Bivens, Ph.D.

- **1.5 CE** “Psychopharmacology Update for Psychologists”
  Morgan T. Sammons, Ph.D., ABPP

- **1.5 CE** “Understanding and Treating Veterans in the Community”
  Laura Cho-Stutler, Psy.D. and James Spira, Ph.D., MPH, ABPP

- **1.5 CE** “Treating Young Adults with ADHD”
  Chun-I (Jeanie) Li, Ph.D.

This program is sponsored by the Hawai‘i Psychological Association. The Hawai‘i Psychological Association is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. HPA maintains responsibility for the program and its content. Participants will be provided with documentation of CE credits. Comments should be directed to Rosemary Adam-Terem, CE Administrator, HPA, P.O. Box 833, Honolulu HI 96808.

IMPORTANT NOTICE: Those who attend the workshops, sign in and out (electronic sign in/out for HPA Live Webstream), and complete and submit the evaluation forms will receive continuing education credits. Please note that APA CE rules require that credit is only given to those who attend the entire workshop. Those arriving more than 15 minutes after the scheduled starting time of the workshop or leaving before the workshop is complete will not receive CE credits.

Who should attend the CE workshops: These workshops are beneficial for psychologists, psychiatrists, social workers, marriage & family therapists, nurses, counselors, CSAC counselors and other allied health care professionals. Information provided in the workshops will also be helpful for members of other professions and agencies.
FRIDAY, OCTOBER 21

7:30AM    REGISTRATION AND CONTINENTAL BREAKFAST

8:00AM - 9:00AM

PRESIDENT’S TOWN HALL MEETING & HPA ANNUAL GENERAL MEETING
Lesley Slavin, Ph.D. (HPA President)
James Spira, Ph.D. (HPA President-Elect)
Marie Terry-Bivens, Psy.D. (HPA Past-President)
June Ching, Ph.D. (APA Council Representative)

Don’t miss this informative and lively meeting that addresses professional concerns you feel are most important to you. Play an active part in helping to shape the state and national agenda for our psychology profession.

9:00AM – 12:15PM

KEYNOTE WORKSHOP (6 CE Credits)
(also available through HPA Live Webstream)
Keynote Speaker: Louis G. Castonguay, Ph.D.
“Crossing the Great Divide Between Psychotherapy Research and Clinical Practice”

This workshop will focus on cutting-edge research that has direct applicability to the clinician. At the end of the workshop, participants will be familiar with up-to-date principles of therapeutic change, interventions that are most effective with particular types of clients, and the characteristics of therapists that make them more effective than others.

In addition, the workshop will focus on what might be the most unfortunate and costly schism in the field of mental health - the lack of mutual influence and collaboration between clinicians and researchers. New ways to keep current as well as further advance the field via naturalistic practitioner-research collaboration will be presented.

With more than 190 publications (including eight co-edited books), Dr. Castonguay’s scholarly work and research focuses on the process of psychotherapeutic change and training, especially within the context of psychotherapy integration. He is the recipient of numerous national awards for his work to include the APA Distinguished Psychologist Award for lifetime contributions to the field of psychotherapy. He has served as President of the North American Society of Psychotherapy Research as well as the International Society of Psychotherapy Research. Dr. Castonguay is currently Professor of Psychology at Penn State University.

9:00AM – 12:15PM

WORKSHOP (3 CEs)

Meditation in Psychotherapy: Integrating Attentional Training Into One’s Practice
Speaker: James Spira, Ph.D., MPH, ABPP

This workshop format presentation will present methods based on Zen (absorption) and Vipassana (mindfulness) methods that can be integrated into one’s psychotherapy practice to facilitate powerful and effective growth.

Upon completion of this meditation workshop, attendees will

- Understand the differences between relaxation, hypnosis, and different types of meditation.
- Learn to apply different types of meditation for different types of psychopathology.
- Learn the benefits of meditation to better understand patients and improve the delivery of psychotherapy.

Jim Spira, PhD, MPH, ABPP is a licensed psychologist in private practice, and president-elect of the Hawai‘i Psychological Association. He served on the faculties of the Department of Psychiatry at Stanford University, Duke University, UC San Diego, and the University of Hawai‘i. Dr. Spira has been a long term practitioner of meditation, including four years in a Zen Monastery, and is a martial arts instructor. He has integrated meditation into his psychotherapy practice, for both himself and his patients, for the past 30 years.
10:30AM – 10:45AM  REFRESHMENT BREAK

12:15PM – 1:45PM  PSYCHOLOGICALLY HEALTHY WORKPLACE AWARDS LUNCHEON
The Hawai‘i Psychological Association’s Psychologically Healthy Workplace Awards (PHWA) committee is proud to sponsor the 2016 Psychologically Healthy Workplace Awards Ceremony. This program recognizes organizations statewide that have demonstrated excellence in the implementation of psychologically healthy workplace policies and practices including safety and wellness initiatives, employee involvement, recognition, and development programs, work-life balance strategies, community engagement and communication.

Our keynote speaker, Mr. Howard K.F. Lee, is the President and CEO of UHA Health Insurance and has been associated with healthy workplace initiatives in the State of Hawai‘i. Join us as we celebrate and honor these special folks giving back to our community and their workplace.

1:45PM – 5:00PM  KEYNOTE WORKSHOP (continued)
(available through HPA Live Webstream)
Keynote Speaker: Louis G. Castonguay, Ph.D.
“Crossing the Great Divide Between Psychotherapy Research and Clinical Practice”

1:45PM – 5:00PM  WORKSHOP (3 CEs)
“Forget About ‘Pain Management’, It’s Time for Comfort Skills - A New Treatment Paradigm for People in Chronic Pain”
Speaker: Daniel Lev, Ph.D.
This comfort-based approach helps pain patients to actively live life and not just live with the pain and its management.

Upon completion of this session, attendees will
• Gain a basic understanding of the difference between pain-centered and comfort-centered views of non-medical treatment of people in chronic pain.
• Learn the specific components of an integrated set of six strategies that organize comfort skills into a simple-to-use approach for practitioners and chronic pain clients.
• Learn a number of creative analogies and metaphors used to convey this approach.
• Participate in a brief, sample group training based on this model which will include the opportunity to practice some of the comfort skills.
• Receive supportive reading materials.

Dr. Lev began work as a behavioral medicine specialist and pain psychologist in 1995. He presently runs the Kailua Comfort Clinic, serving people in chronic pain and who experience other personal difficulties in the O‘ahu community. Since the early 1990’s, he has trained in and practiced clinical hypnosis and meditation, specializing in hypnoanalgesia.

3:15PM – 3:30PM  REFRESHMENT BREAK

5:00PM – 7:00PM  POSTER SESSION AND PAU HANA SOCIAL
Hōkūlei Ballroom Foyer
Music
Pupus and no-host bar
Human Minds vs. Machine Minds: Will Robots Inherit the World

A Phenomenological Neurocognitive Model of Drug Addiction
Robert M. Anderson Jr., Ph.D. and Shannon R. Pickett, M.A.

A Neuropsychological Theory of the Experience of Enlightenment
Robert M. Anderson Jr., Ph.D. and Holly McFarland, M.A.

Examining Objectified Body Consciousness as a Predictor of Body Image Avoidance
Brooke Bennett, M.S. and Emily Stefano, M.S.

Diagnostic Disclosure of Autism Spectrum Disorder with Children and Adolescents
Kathryn Chun, Ph.D. and Sean Scanlan, Ph.D.

Cultural Consideration in Psychological Evaluations in a Predominantly Asian American, Rural and Pacific Islander Population
Lisa A. Duke, Ph.D., Johnson Ma, Ph.D. and Amber Gomes, Psy.D.

Therapeutic Assessment: The Prospect of Intervention Through Assessment
Elnur Gajiev, M.A. and Isaiah Moreno, LMFT, CSAC

Integrative Medicine for Veterans with Comorbid Substance Use and Chronic Physical Conditions
Isaiah Moreno, M.S. and David Robinson, M.A.

Attention! A Call to Managing Serious Mental Health Risk Among Pretraining Military Recruits

Rural Mental Health Quality Improvement Efforts Through Partnerships and Innovation
Trina E. Orimoto, Ph.D., Hannah Preston-Pita, Psy.D., Gary Schwiter, MCP and Brad J. Nakamura, Ph.D.

Cognitive Dissonance and How It Shapes Our Decisions
Jonathan Ponce, B.S.

Optimizing the Efficacy of Psychotherapy Through an Awareness of Nutritional Factors Influencing Brain Biochemistry
Alistair Taylor, B.S.

Ho'oponopono: 'Ike Mana I'o, The Source of the Powerful Truth
7:30AM – 8:00AM  
REGISTRATION AND CONTINENTAL BREAKFAST  
*Pi’ilani Ballroom Foyer*

8:00AM – 9:00AM  
**WORKSHOP**  
“A Simple Way to Look at Psychological Flexibility: The ACT Matrix”  
Speaker: *Elnur Gajiev, M.A.*

An introduction to the ACT Matrix, a simple yet highly effective clinical tool in helping individuals and groups foster awareness and promote movement towards value-based living.

At the conclusion of the workshop, participants will
- Have an introductory grasp of the 6 core processes of *Acceptance Commitment Therapy* (ACT)
- Have a working knowledge of the 4 components of the ACT Matrix
- Strengthen comfort in utilizing the ACT Matrix for self and others
- Have resources provided for further inquiry and learning

Elnur Gajiev, M.A., is a doctorate-level intern of clinical psychology in the Hawai’i Psychology Internship Consortium, currently placed in the Department of Education’s KKP Complex. He has presented at ACBS conferences both domestically and internationally on the utility of functional-contextual approaches across various settings.

8:00AM – 9:00AM  
**ROUNDTABLE**  
“Toward Cultural Competence in Forensic Clinical Training: A Dialogue”  
Speaker: *Lynett Henderson Metzger, Psy.D., JD and Neil Gowensmith, Ph.D.*

This roundtable will invite a frank and pragmatic discussion of the challenges, rewards, and work left to do in translating “cultural competence” to graduate clinical education in forensic psychology.

At the conclusion of the workshop, participants will
- Critique a theoretical model for multicultural excellence in a forensic psychology training program
- Report new, practical skills for applying multicultural excellence to psychology training programs
- Articulate differences and similarities between diversity issues in Hawaiian psychology training programs vs those found in mainland programs

Neil Gowensmith, PhD is the former Chief of Forensic Services for Hawaii’s Adult Mental Health Division (AMHD) and now is an assistant professor at the University of Denver.

Lynett Henderson Metzger, JD, PsyD, is Assistant Director of Forensic Studies and a Clinical Associate Professor at the University of Denver’s Graduate School of Professional Psychology.

8:00AM – 10:30AM  
**PANEL AND NETWORKING HOUR**  
Hawai’i Practicum, Internship and Post-Doc Site Overview & Networking Hour  
The Practicum, Internship, and Post-Doc Overview is designed to allow student conference attendees to obtain valuable information about the training options here in Hawai’i. During the first 90 minutes, representatives from each site will present brief summaries of their training programs. Immediately following the site presentations, the Networking Hour will be an opportunity for students to meet and talk with training directors from participating programs, including:

- Hawai’i Psychology Internship Consortium
- Hawai’i School of Professional Psychology Internship Consortium at Argosy University
- I Ola Lähui Rural Hawai’i Behavioral Health Program
- Pacific Islands Health Care System
- VA Tripler Army Medical Center
- University of Hawai’i at Mānoa Counseling and Student Development Center
- Waianae Coast Comprehensive Health Center
**WORKSHOP (1.5 CE)**
(available through HPA Live Webstream)

"The Science of Love and Emotionally Focused Therapy"
Speakers: **Priscilla Zynda-Otsuki, Ph.D., Cindy Goodness Zane, Psy.D., JD and Jeanie Li, Ph.D.**

This workshop proposes to introduce participants to EFT by: (1) presenting its theory; (2) briefly summarizing the research; (3) displaying the pattern of relationship distress/repair; (4) setting forth the EFT roadmap; & (5) illustrating EFT in action. The presenters seek to stimulate audience participation by using video of parent-child & couple interactions, PowerPoint, & video of an actual EFT session.

This workshop is designed to help you to:

- Recognize the parallels between parent-child and adult romantic bonds;
- Summarize basic adult attachment theory and science of romantic love;
- Describe secure adult romantic bonds, threats to secure romantic bonds, and attachment needs to restore secure romantic bonds;
- Articulate what is Emotionally Focused Therapy;
- Describe the basic road map of Emotionally Focused Therapy;
- Describe the three (3) Negative Interactions Patterns that entangle distressed couples; and
- Observe the EFT Tango in action.

Priscilla Zynda-Otsuki, Ph.D., is a Colorado Licensed Psychologist, Certified EFT Supervisor and Therapist. She co-founded the Denver EFT Community, assists with EFT trainings, and was past President of the Colorado Women Psychologists.

Cindy Goodness Zane, Psy.D., J.D., is a licensed Clinical Psychologist in private practice with advanced training and experience in EFT. Dr. Zane is the local organizer for the Hawai‘i EFT Externship December 2016.

Jeanie Li, Ph.D., is a part-time Staff Psychologist at Hawai‘i Pacific University and private practitioner with downtown Honolulu and Kailua offices. Dr. Li has completed EFT Core Skills EFT.

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**WORKSHOP (1.5 CE)**

"Grounding Violence Risk Assessment in Relationship: A Workshop for Clinicians"
Speaker: **Lynett Henderson Metzger, Psy.D., JD**

This workshop will pull from the current literature to suggest pragmatic approaches for working clinically with violence risk by grounding threat assessment and management in the therapeutic relationship.

Upon completion of this workshop, attendees will

- Describe challenges faced by clinicians in assessing client dangerousness
- Utilize clinical tools as part of a risk management strategy in psychotherapy
- Discuss “best practice” principles in relation to their practice settings

Lynett Henderson Metzger, JD, PsyD, is Assistant Director of Forensic Studies and a Clinical Associate Professor at the University of Denver’s Graduate School of Professional Psychology.
10:45AM – 12:15PM  **KEYNOTE WORKSHOP**  *(1.5 CE)*
*(also available through HPA Live Webstream)*

**Keynote Speaker:** **Elena J. Eisman, EdD, ABPP**

*“Integrated Care: Why, When, and Where Do You Fit?”*

Integrated care allows psychologist's skills to be used more comprehensively to improve health outcomes, reduce healthcare utilization and costs, increase patient and provider satisfaction and to better integrate physical health with mental health. This presentation will explore the triple aim (now quadruple aim) goals underpinning the Affordable Health Act. It will describe why healthcare is moving in this direction, what new models are emerging and what new payment structures are being created. The pros and cons and obstacles for psychologist participation in these various new models will be explored.

Dr. Eisman is the Director of the American Psychological Association’s Center for Psychology and Health. She also serves as APA's Associate Executive Director for Governance Operations. Formerly, Dr. Eisman was the Executive Director and Director of Professional Affairs for the Massachusetts Psychological Association for over 20 years. In that capacity she worked extensively on psychology’s role in healthcare reform and served on state-wide commissions, committees and task forces. Dr. Eisman has written and presented in the areas of professional advocacy, credentialing, psychology education and healthcare reform. She is the recipient of the Carl Heiser Award for state advocacy, and the 2001 State Leadership Award. Dr. Eisman holds ABPP diplomates in Clinical Psychology and in Family Psychology.

10:45AM – 12:15PM  **SYMPOSIUM**  *(1.5 CE)*

*“Psychology in Barren Lava Fields: Integrating Research and Practice in Rural Community Health”*

**Speakers:** **Diane E. Logan, Ph.D., Victoria K. Hanes, Psy.D., Alysa M. Lavoie, B.A. and Shane O. Anderson, RN, BSN**

Join us for an interactive symposium introducing ‘Lava Field Psychology’: integrating behavioral health, substance use, pediatric, and trauma-focused research and practice in rural Hawaiian community health centers. Our panel will discuss myriad challenges to integration and implementation, as well as emphasize the immensely rewarding experiences gained through serving our highest risk patients.

**Learning Objectives:**
- Describe three challenges to integrating behavioral health in rural primary care settings.
- Describe mental health and substance use trends in Hawai‘i.
- Compare empirically rigid versus clinically flexible cutoff scores on screening measures.
- Identify three individual or psychosocial risk factors that impede access to care.

Dr. Logan earned her PhD from the University of Washington and completed postdoctoral training at Brown University before joining WHCHC as a clinical psychologist and coordinator for substance use services. She has published and presented extensively on substance use and clinical interventions.

Dr. Hanes, clinical psychologist and WHCHC Behavioral Health Director, earned her PsyD from Argosy University of Honolulu and completed residency at I Ola Lāhui. She is passionate about the integration of mental and physical health care in rural Hawaiian communities.

Alysa Lavoie, current UH Mānoa MSW student, has spent over 10 years providing case management services to the most vulnerable residents of West Hawai‘i, initially with CARE Hawai‘i before transitioning into behavioral health and substance use case manager roles at WHCHC.

Shane Anderson, a registered nurse and WHCHC Care Coordination Director, graduated from Colorado Mesa University. He coordinates care and provides direct services for the most medically and psychologically complicated patients in our West Hawai‘i community.
10:45AM – 12:15PM SYMPOSIUM

“Forensic Evaluation Research: Is It Actually Helpful to Clinical Practice”?
Speakers: Neil Gowansmith, Ph.D., Alex Lichton, Ph.D. and Brandon McNichols, Psy.D.

This symposium will provide practical recommendations for improving the reliability, validity and quality of forensic mental health evaluations, informed both by research and by practicing psychologists in the field.

Learning objectives:
- Critique reliability rates of different forensic mental health evaluations performed in Hawai‘i
- List factors that compromise the reliability and quality of forensic mental health evaluations in Hawai‘i
- Apply empirically-based research findings of forensic mental health evaluation to evaluations conducted in the field
- Discuss challenges to utilizing hospital-based data on forensic inpatients to inform objective evaluations of risk and recovery

Neil Gowensmith, PhD is the former Chief of Forensic Services for Hawai‘i’s Adult Mental Health Division (AMHD) and now is an assistant professor at the University of Denver.

Alex Lichton, PhD is veteran forensic mental health evaluator with the Courts and Corrections department of AMHD.

Brandon McNichols, PsyD is a staff psychologist at the Hawai‘i State Hospital with clinical and research experience in case management, correctional, and academic agencies in Hawai‘i.

12:15PM – 1:45PM HPA AWARDS LUNCHEON & KEYNOTE PRESENTATION

Join us for a keynote presentation by Dr. Morgan Sammons, Executive Director of the National Register of Health Service Psychologists at our HPA Awards Luncheon that recognizes colleagues and members of the community for their outstanding contributions in the field of psychology and mental health.

“The Emerging Healthcare Market: Legal and Regulatory Issues That Will Change Your Practice”

Keynote Speaker: Morgan T. Sammons, Ph.D., ABPP

The expansion of professional psychology into the integrated healthcare environment and other specialized areas of practice represents a tremendous opportunity. At the same time, there are equally significant risks if we fail to take advantage of these developments. Other mental health professions, many less comprehensively trained than psychologists, will seize these opportunities unless we move nimbly. Most of us, as clinicians, are eager to apply our skills in the integrated healthcare environment. But willingness is only part of the picture. In this presentation, Dr. Sammons will address the skills that will be needed to practice effectively in the emerging healthcare market. He will also focus on legal and regulatory changes that affect how psychologists practice, and offer some suggestions about how the profession can ensure how psychologists can expand their clinical armamentarium in order to compete in new models of healthcare delivery.
**SYMPOSIUM**

“Merging Research and Practice in the Treatment of Eating Disorders”
Speakers: Krista E. Brown, Ph.D., Allison Wagner, M.A., Brooke Bennett, M.S. and Devin Rand-Giovannetti, M.A.

This panel will focus on the implementation of recent research findings in clinical care for patients with eating disorders, including the use of technology, CBT protocols, and CRT protocols.

The overall objective of this symposium is to provide perspectives on how to integrate research into the clinical care of patients with eating disorders (EDs). Three primary aims are:

- To facilitate understanding of the utility and shortcomings of research on Cognitive Remediation Therapy protocols
- To explore recent findings on the role of perfectionism in ED treatment
- To provide clinicians with an understanding of how to integrate technology to enhance the treatment of patients with EDs, particularly those from a younger generation.

Dr. Krista Brown worked in the eating disorders field for the last 15 years and recently joined the Family Therapy team at the Coalition for a Drug-Free Hawai’i.

Allison Wagner, Devin Rand-Giovannetti, and Brooke Bennett are graduate students in the Clinical Psychology program at the University of Hawai’i at Mānoa (UHM). All three specialize in eating disorders and work in the Center for Cognitive Behavioral Therapy – Eating Disorders Program at UHM.

**ROUNDTABLE (1.5 CEs)**

“The Hand-Off From Low-End to High-End Services for Youth: Can We Fix the System”?
Speakers: Lesley A. Slavin, Ph.D., Jenna Symons, Psy.D., Adair-Leland, Ph.D., Marie Vorsino, Psy.D. and Alex Bivens, Ph.D.

Hawai’i invests heavily in intensive mental health services for youth, but these efforts often come too late to be very effective. Child Psychologists working in various private and public care settings will share their ideas about how to improve mental health care for Hawai’i’s youth.

As a result of the Roundtable, Participants will be able to:

- Describe the current Hawai’i Public Children’s Mental Health system and explain how it has evolved through the past couple of decades.
- Discuss some of the obstacles to making good transitions of care from “lower end” to “high end” services and vice versa for youth in Hawai’i and their families.
- Name some of the strengths and weaknesses of the current Hawai’i system of care.
- Describe some possible changes that could enhance the Hawai’i system of care, including possible public-private partnerships and alternative system configurations used in other states.

Dr. Slavin is the Chief Psychologist for the Hawai’i State Child and Adolescent Mental Health Division where she develops programs and policies and provides consultation, supervision and training.

Dr. Symons is the training director for the Hawai’i Psychology Internship Consortium (HIPIC), and provides mental health services at the Hawai’i Youth Correctional Facility.

After many years of serving youth in the Child Welfare System as a leader of the Kapi'olani Child Protection Center, Dr. Adair-Leland has a private practice where she specializes in work with children and families.

Dr. Vorsino is a Vice President at Parents and Children Together (PACT) a local non-profit that provides a range of services for youth and families, including intensive mental health services.

Dr. Bivens provides school-based mental health services through the Department of Education on Kaua‘i, supervises interns and counselors, and maintains a private clinical practice.
1:45PM – 3:15PM  **KEYNOTE WORKSHOP (1.5 CEs)**  
(also available through HPA Live Webstream)

“Psychopharmacology Update for Psychologists”
Keynote Speaker: **Morgan T. Sammons, Ph.D., ABPP**

Prescriber or non-prescriber, having an understanding of the new antidepressants, mood stabilizers, stimulants and antipsychotics, their side effects, mechanisms of action, and use in combined treatment strategies is essential for practitioners who work with patients who receive or are planning to use psychoactive medications. This is a basic to intermediate level workshop on the topic; some prior exposure to psychopharmacology, either via classroom or clinical experience is preferred, but not required.

Dr. Sammons is Executive Director of the National Register of Health Service Psychologists. He is a retired Navy captain and one of the first prescribing psychologists in the United States. He is past president of the Maryland Psychological Association, past president of APA's Division 55, and has served in numerous elected and appointed leadership positions in APA. He writes and lectures extensively on psychopharmacology and the professional practice of psychology.

3:15PM – 3:30PM  **REFRESHMENT BREAK**

3:30PM – 5:00PM  **WORKSHOP (1.5 CEs)**  
(also available through HPA Live Webstream)

“Understanding and Treating Veterans in the Community”
Speaker: **Laura Cho-Stutler, Psy.D. and James Spira, Ph.D., MPH, ABPP**

This workshop trains community psychologists to understand how to treat community veterans suffering from wounds of war in terms of appreciating the military culture they identify with, evidence-based practices for mental health disorders, community resources available to veterans, and how to get reimbursed for seeing community veterans with service-related mental health disorders.

Learning objectives.

- Identify common characteristics of the military population and how they compare to the general population.
- Recognize the influence of military culture on stigma, treatment, and recovery for invisible wounds of war.
- Identify the recommended Evidence Based Psychotherapies (EBPs) for active duty service members and veterans.
- Discuss community resources that are available to veterans, and reimbursement options for providers.

Laura Cho-Stutler, PsyD is a licensed clinical psychologist with the Center forDeployment Psychology currently serving as a trainer and consultant for behavioral health services in the Department of Defense.

Jim Spira, PhD, MPH, ABPP is a licensed psychologist in private practice, and president-elect of the Hawai‘i Psychological Association. He served on the faculties of the Department of Psychiatry at Stanford University, Duke University, UC San Diego, and the University of Hawai‘i.
WORKSHOP (1.5 CEs)

“Treating Young Adults with ADHD”
Speaker: Chun-I (Jeanie) Li, Ph.D.

This workshop provides training in individualized treatment for young adults with ADHD that addresses difficulties in task activation, task management, task persistence, and emotional regulation.

At the end of the workshop, participants will be able to
• Identify deficits in six main areas of executive functions in young adults with ADHD.
• Develop and implement individualized treatment plans.

Dr. Jeanie Li is working part-time at the Hawai’i Pacific University and has a private practice in downtown Honolulu and Kailua. She has extensive experiences with ADHD treatment and assessment.

INDIVIDUAL PAPER SESSION
Puanani J. Hee, M.A., Session Chair

The Neurodevelopmental Relationship Between Language and Effortful Control During Adolescence
Adrienne Kadooka, M.A.

Early Assessment and Intervention for Young People with Psychosis in Hawai’i
Mallory J. Klaunig, B.A., Christi L. Trask, B.A., Aaron M. Neis, B.A., Elsa H. Villarreal and David C. Cicero, Ph.D.

Self-Disturbances in Schizophrenia
Mallory J. Klaunig, B.A., Aaron M. Neis, B.A., Christi L. Trask, B.A. and David C. Cicero, Ph.D.

Neurocognitive Disorder with Lewy Bodies: Evidence-Based Diagnosis and Treatment
Charles M. Lepkowsky, Ph.D.

Geropsychology in Hawai’i: Needs and Barriers to Integrating Care for Kupuna and Their Families
Lucas Morgan, Ph.D.

Perceptions of Attenuated Psychosis Syndrome in College Undergraduates
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We hope this Convention has helped you in your continuing efforts to help others. The HPA Convention Committee would like to extend their deepest appreciation to our presenters and our heartfelt thanks to the Convention participants for making this event a success.

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