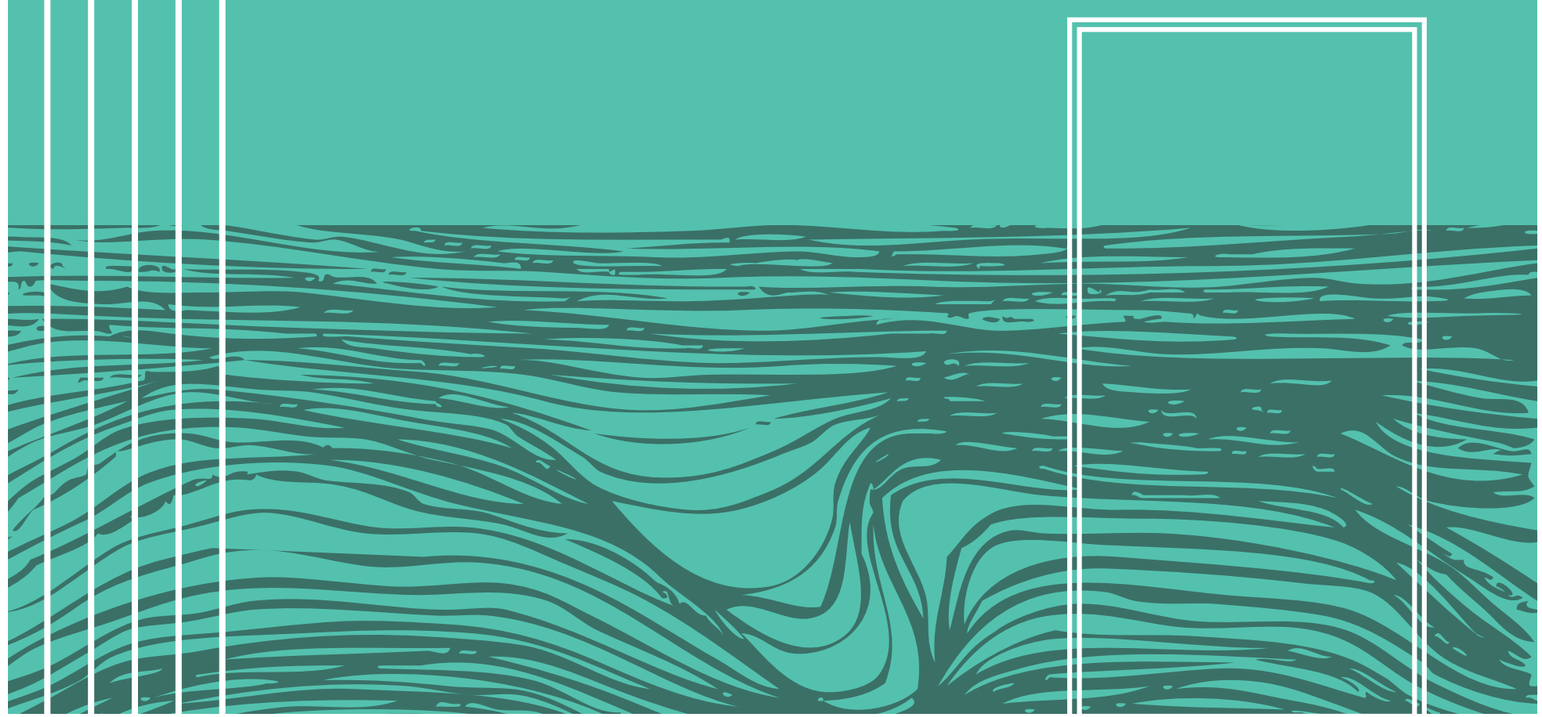
2015 HAWAII PSYCHOLOGICAL ASSOCIATION CONVENTION

Psychology's Evolving Future: Prospects for Science and Practice

November 6 & 7
Ala Moana Hotel Honolulu, Hawaii



Hawai'i Psychological Association
For a Healthy Hawai'i

www.hawaiipsychology.org

ALOHA & WELCOME!

The **2015 HPA Convention**, ***Psychology's Evolving Future: Prospects for Science and Practice***, reflects HPA's ever-strengthening commitment to connect member psychologists with the best available information to inform current practice and prepare for the future. This convention will be an exceptional opportunity for psychologists to access a broad network of expertise useful for anticipating and responding to changes in the practice environment as well as innovating and expanding into developing practice opportunities. The presentations and events will be held at the conveniently located Ala Moana Hotel on O'ahu.

Registration will open at 7:00 am on Friday with breakfast treats available. At 8:00 am we will convene our annual "Town Hall Meeting" discussion with Marie Terry-Bivens, Psy.D. (HPA President), Lesley Slavin, Ph.D. (HPA President-Elect), Nancy Sidun, Psy.D. (HPA Past President), and June Ching Ph.D. (APA Council Representative). We want to urge all of you to join us in a lively conversation to discuss any concerns you feel are most important to you regarding our profession. This forum offers a way for all members to play an active part in helping to shape the state and national agenda for psychology as a profession.

Friday's keynote speaker, Daniel O. Taube, J.D., Ph.D. is a Professor at the California School of Professional Psychology, Alliant International University, past Psy.D. Program Director, founder and coordinator of the Forensic Family Child Track and member of the Child/Family Track. Dr. Taube will address the topic: "Ethics and Risk Management in the Age of The Affordable Care Act." In this workshop, Dr. Taube hopes to go beyond the usual ethics session on minimizing specific risks in practice settings to provide attendees with current information on the broader changes in psychological practice that are likely to be generated by the Affordable Care Act (ACA) and health care reform. These changes will require major alterations in the traditional methods and business plans of practitioners, and good risk management requires facing these trends knowledgeably and beginning to develop adaptive strategies. This workshop will help psychologists begin to plan for these changes. At noon, this six hour keynote workshop will pause for our annual HPA Awards luncheon: it will reconvene at 1:30 and continue through the afternoon.

In addition to the Keynote workshop, there will be a number of other exciting learning and networking opportunities available on Friday including training sessions on Comfort Skills for Chronic Pain and on the Use of Body and Brain Education for stress reduction. There will be opportunities throughout the day to visit the exhibit tables of convention sponsors and to view poster presentations describing work done by psychologist in Hawai'i. Finally, there will be a Pau Hana Social Hour at 5:00 leading into the annual HPA Healthy Workplace Awards Ceremony honoring Hawai'i employers.

Saturday's sessions will present a detailed cross-section view of the current activities and interests of psychologists in Hawai'i. On Saturday attendees will get to attend 4 seminar sessions of their choice- a format the planners chose in order to provide the richest and most diverse conference experience possible. Offerings will include two 2-part Continuing Education sessions focused on increasing knowledge of Psychotropic Medications: a three-hour introductory session for those who are new to this area and a three-hour more advanced session focused on recent and emerging issues in psychopharmacological treatment. With a wide range of other topics available including elder care, forensic issues, measuring progress in psychotherapy, health insurance, non-traditional healing, and much more, you will want to choose wisely!

Also on Saturday, we will have a special networking event designed for Psychology Graduate students to learn about internship and post-doc training opportunities available in Hawai'i. There has never been a more important time for psychologists to come together, connect, and look to the future of our profession in a well-informed way. We encourage all psychologists to reach out to your practice partners and colleagues and invite them to attend the 2015 HPA Convention. We are sincerely excited about it, and we look forward to seeing all of you there.
E Komo Mai!

Mahalo,
Lesley A. Slavin, Ph.D.
President-Elect
Hawai'i Psychological Association

ABOUT THE CONVENTION

Ala Moana Hotel: The Ala Moana Hotel is located at 410 Atkinson Dr., Honolulu, Hawai'i. You can visit their website at: www.alamoanahotelhonolulu.com.

Friday, November 6 & Saturday, November 7, 2015: On Friday November 6th the conference will be held on the 2nd level in the Hibiscus, Garden Lanai, and `Ilima Room for the entirety of the day. Registration will take place at the Hibiscus Foyer. On Saturday, November 7th our multi-track convention program and CE workshops will take place on the 2nd level in the Hibiscus, Garden Lanai, `Ilima, Plumeria, and Pakalana Room. Please see schedule for more details.

Parking: Participants will be responsible for their own parking. Ala Moana Hotel will charge attendees $6 for 8 hours and $10 for 24 hours in the self-park lot.

Continuing Education Credits: CE credits will be given only to those who attend entire workshops and complete and submit the evaluation forms before leaving the convention on November 6th and 7th, 2015:

- *6 CE "Ethics and Risk Management in the Age of The Affordable Care Act: Everything You Didn't Want to Know and Were Afraid to Ask" Daniel O. Taube, J.D., Ph.D.*
- *3 CE "Psychopharmacology: An Introductory Workshop" Edward Fisher, Ph.D.,R.Ph.*
- *3 CE "Psychopharmacology: An Advanced Workshop" Thomas Cook, M.D., Iqbal Ahmed, M.D., Daniel Ulrich, M.D*
- *1.5 CE "Non-Traditional Healing Backed by Science and Conducted by Multidisciplinary Teams" Barbara G. Melamed, Ph.D., Erin O'Connell Bantum, Ph.D., Brooke Bruffey, Psychology Student, Melba Stetz, Ph.D., BCN, COL, Michael Russo, MD.*
- *1.25 CE "Working with The 'Brilliant and Talented' (AKA Narcissists) and Those Who Love Them" Jill Peterson, Psy.D., RYT, Dr. Laurie Sanford*

This program is sponsored by the Hawai`i Psychological Association. The Hawai'i Psychological Association is approved by the **American Psychological Association (APA)** to sponsor continuing education for psychologists. HPA maintains responsibility for the program and its content. Participants will be provided with documentation of CE credits. Comments should be directed to Rosemary Adam-Terem, CE Administrator, HPA, P.O. Box 833, Honolulu HI 96808.

Important Notice: Those who attend the workshops, sign in and out, and complete and submit the evaluation forms will receive continuing education credits. Please note that APA CE rules require that credit is only given to those who attend the entire workshop. Those arriving more than 15 minutes after the scheduled starting time of the workshop or leaving before the workshop is complete will not receive CE credits.

Who should attend the CE workshops: The workshops will be beneficial for psychologists, psychiatrists, social workers, marriage & family therapists, nurses, counselors, CSAC counselors and other allied health care professionals. Information provided in the workshops will also be helpful for members of other professions and agencies.

CONFERENCE PROGRAM — FRIDAY NOV 6

7:30 am – 9:00 am **Registration & Breakfast**
Venue: Hibiscus Foyer

7:30 am – 8:30 am **Forget About 'Pain Management,' It's Time for Comfort Skills- A New Treatment Paradigm for People in Chronic Pain**
Venue: Garden Lanai

Daniel Lev, Ph.D.

This session will explore how comfort-based approach helps pain patients to actively live life and not just live with the pain and its management.

8:00 am – 8:45 am **President's Town Hall Meeting & Annual General Meeting**
Venue: Carnation

Marie Terry-Bivens, Psy.D. (HPA President)
Lesley Slavin, Ph.D. (HPA President-Elect)
Nancy Sidun, Psy.D. (HPA Past President)
June Ching, Ph.D. (APA Council Representative)

Join us in this lively conversation to discuss professional concerns you feel are most important to you regarding your work specialty and play an active part in helping to shape the state and national agenda for our psychology profession.

8:00 am – 1:00 pm **Poster Sessions & Sponsor Booths**
Venue: Hibiscus Foyer
*See Poster Session List for details on presenters (page 13)

9:00 am – 12:00 Noon **Keynote Plenary I (6 CE Credits)**
Venue: Garden Lanai

Keynote Speaker: Daniel O. Taube, J.D., Ph.D.
"Ethics and Risk Management in the Age of The Affordable Care Act: Everything You Didn't Want to Know and Were Afraid to Ask"

Workshop Sequence VI diverges from our typical approach to risk management training. Rather than focusing primarily on specific risk issues in psychological practice and strategies that minimize them, this workshop will focus on ethical and risk management issues as they relate to the broader changes in psychological practice that we and other observers believe are and will be generated by the Affordable Care Act (ACA).

Depending on how successfully healthcare reform is implemented, the changes to psychological practice are likely to be profound, particularly for those psychologists in third party reimbursed private practices. We have already been buffeted by the industrialization and external management of the healthcare industry that has reduced both income and job satisfaction while increasing the administrative burdens of our work. The ACA is aimed at increasing efficiency and efficacy in an attempt to reward results rather than procedures through more integrated medical homes that will control decisions about care.

There is some good news here. There seems to be a real understanding that mental health and physical health are intimately related and that treating them as separate "silos" results in greater costs and less effective service. Health care insurance will be available to many new patients, many of whom are poor and disadvantaged and many of whom will have substantial mental health needs. But this reorganization will require major changes in traditional methods and business plans of private practitioners, and we believe it is crucial for all psychologists to begin to plan for this change. So this workshop will attempt

Keynote Speaker Con't

to describe the changes we and other observers see coming and some preliminary thoughts about strategies for dealing with these changes. Our problem is that while we are pretty sure these changes will take place, and they will not be sudden, no one can predict how soon they will occur and the exact shape they will take. But good risk management requires facing these trends knowledgeably and beginning to develop adaptive strategies.

This workshop will provide what we hope will be a beginning conversation about a process that will be with us for a number of years–changes which present dangers and opportunities for the profession of psychology.

THE TRUST

12:00 pm – 1:30 pm **HPA Awards Luncheon**
Venue: Hibiscus Foyer

Join us at our HPA Awards Luncheon for a presentation of awards to recognize colleagues, Legislator or Legislators, a person or person in media and members of the community for their outstanding contributions in the field of psychology and mental health.

1:30 pm – 4:30 pm **Keynote Plenary Continued**
Venue: Garden Lanai

Keynote Speaker: Daniel O. Taube, J.D., Ph.D.
"Ethics & Risk Management in the Age of The Affordable Care Act: Everything You Didn't Want to Know & Were Afraid to Ask"

4:45 pm – 6:00 pm **The Use of Body and Brain Education to Reduce Stress and Improve Sustainable Lives**
Venue: Carnation

Barbara G. Melamed, Ph.D., ABPP
Cat Sawai

This presentation will consist of testimonials and initial data collection that will serve as a tool for clinicians. It will explain the different classes in yoga, tai chi, meditation and other mind-body training programs based on Korean healing philosophy and East Asian energy principles used to improve quality of life and inspires individuals to make positive contributions to their communities.

5:00 pm – 7:00 pm **Pau Hana Social**
Venue: Garden Lanai

Enjoy pupus, beverages and networking with your colleagues before joining us for the Healthy Workplace Awards.

5:30 pm – 7:30 pm **Healthy Workplace Awards Ceremony**
Venue: Garden Lanai

The Hawai'i Psychological Association's Psychologically Healthy Workplace Awards (PHWA) committee is proud to sponsor the 2015 Psychologically Healthy Workplace Awards Ceremony. This program recognizes organizations statewide that have demonstrated excellence in the implementation of psychologically healthy workplace policies and practices including safety and wellness initiatives, employee involvement, recognition, and development programs, work-life balance strategies, community engagement and communication. Our keynote speaker,

Mr. En Young, is the Executive Director of the Hawai'i Food Basket (the Hawai'i Island Foodbank) and has been associated with healthy workplace initiatives in the State of Hawai'i for more than a decade. Join us as we celebrate and honor these special folks giving back to our community and their workplace.

7:30 am – 9:00 am **Registration & Breakfast**
Venue: Hibiscus Foyer

8:00 am – 1:00 pm **Poster Sessions & Sponsor Booths**
Venue: Hibiscus Foyer
*See Poster Session List for details on presenters

8:30 am – 10:00 am **Seminar Session 1**

Group 1 | Psychopharmacology: An Introductory Workshop (3 CE Credits)
Venue: Garden Lanai

Edward Fisher, Ph.D., R.Ph.

Dr. Edward Fisher is Professor and Associate Dean for Academic Affairs and the Director of the M.S. in Clinical Psychopharmacology Program at The Daniel K. Inouye College of Pharmacy at the University of Hawai'i – Hilo, where he teaches courses in the program.

This three hour program will address common diagnoses and classes of drugs which practicing clinical psychologists and other mental health providers need to understand in order to work with and support clients who are on psychotropic medications. Dr. Fisher will describe drug/receptor interactions, receptor types, neurotransmitters, neurotransmission, and common drugs used to treat disorders of the CNS.

Learning objectives: As a result of completing this workshop, participants will be able to:
1. Describe the four most common groups of psychotropic medications
2. Explain the mechanisms of action of common medications
3. List the major neurotransmitters involved in psychopharmacology
4. Discuss the common medications used for anxiety, depression, psychosis, and bipolar disorder

Group 2 | The Benefits of the Psychology-Neurology Alliance: Practice and Science
Venue: `Ilima

Michelle E.James, Psy.D.
Michael B. Russo, M.D.
Melba C. Stetz, Ph.D.

This symposium focuses on the mutually beneficial relationship that can be developed between psychologists and neurologists in settings such as a private practice environment. The presentation begins with a broad overview of the work and focus of neurologists and the roles that psychologists can play in working in this type of environment, followed by discussions of specialty areas that may be helpful in work with individuals with neurological concerns.

Group 3 | Caring for our Kupuna: Issues in Integrating Psychology into Elder Care Settings
Venue: Plumeria

Lucas Morgan, Ph.D.
Nancy Lamport-Hughes, Ph.D.

Group 3 con't

Ritabelle Fernandes, M.D., M.P.H.
Tom Harding, Psy.D.

This interactive discussion will feature psychologists and other professionals working in integrated settings researching or providing care for older adults and their families. The presenters will describe their work and their fields and discuss how psychology and mental health care are integrated in their respective settings.

Discussants will then provide their perspectives on the following questions:
1. What are examples or models of existing successful integration of psychology into geriatric settings?
2. What barriers exist to integrating psychology into these settings?
3. What are the areas in the most need of new innovative psychological integration?
4. What research questions need asking regarding cultural aspects of elder mental health care in Hawai'i?
5. How do we foster more collaboration?

Group 4 | Trauma- Informed Curriculum for Peace Building & Workplace
Venue: Pakalana

Barbara G. Melamed, Ph.D., ABPP
Denyse Ray, PhD, BCETS, FAAETS

This first half of this session will focus on recent learning experiences with Mediators Beyond Borders.org, Romania Conference, 2015 with an interdisciplinary group of individuals providing human resources to support those affected by war, sexual harassment and violence and the curriculum to be administered to indigenous individuals who will serve to organize UN peacekeepers, NGOs and WHO services to rebuild a sense of safety and resilience. The curriculum was developed in collaboration with the CEO Prabha Sankanarayan of Mediators Beyond Borders and Mary Jo Harwood. This curriculum focuses on linking arms together to provide safety and encourage peaceful reconciliation.

For the 2nd half of this session attendees will learn about preparing for and managing workplace trauma. Shocking statistics will be shared and tips for bettering preparing and managing these situations will be discussed.

10:15am – 12:00 Noon **Seminar Session 2**

Group 1 | Psychopharmacology: An Introductory Workshop Continued (3 CE Credits)
Venue: Garden Lanai

Edward Fisher, Ph.D., R.Ph.

Group 2 | Psychology in Healthcare Transformation
Venue: `Ilima

Robin E.S. Miyamoto, Psy.D.
Amy Wassman, Psy.D.
Dee-Ann Carpenter, MD.

Providers of Lau Ola Faculty Practice will discuss inclusion of psychologists in health care transformation, interdisciplinary practice, and the development of a Native Hawaiian Patient-Centered Medical Home.
The Affordable Care Act and local efforts to transform payment models for primary care providers (PCPs) present opportunities for psychologists with regard to collaboration and shared incentives. These new roles and opportunities will be discussed generally as it applies to all psychologists interested in primary care.

Group 3 | Complex Case Conference
Venue: Plumeria

Nancy Sidun, Psy.D.
Dr. Laurie Sanford
Dr. Ivan Irie
Dr. Maureen Mench

A complex case will be presented with each of the discussants (Dr. Laurie Stanford - psychodynamic; Dr. Ivan Irie - integrative/systemic; Dr. Maureen Mench - prolonged exposure) examining some aspect of the case from their own perspective, while involving audience members in the discussions from various theoretical vantage points.

12:00 pm – 1:30 pm **LUNCH On Your Own**

12:30 pm – 1:30 pm **Preparing a Successful Internship, Practicum, or Post-Doc Application and Interview: Strategies and Tips for Standing Out in a Competitive Process**
Venue: `Ilima

A. Aukahi Austin Seasbury, PhD
Jill Oliveira Gray, Ph.D.
Allison Hu Seales, Ph.D.
Julie Takishima-Lacasa, Ph.D.

As most students are aware, securing the required practicum, internship, and post-doc training in our field can be a very stressful and anxiety-provoking process. This workshop is a rare and unique opportunity to obtain "inside tips" from the directors of a local practicum/internship/ post-doc training program and recent applicant on how to prepare a successful application and interview. The panel will be discussing strategies for students to prepare themselves as strong candidates in a competitive process, and common pitfalls to avoid.

1:30 pm – 2:45 pm **Seminar Session 3**

Group 1 | Psychopharmacology: An Advanced Workshop (3 CE Credits)
Venue: Garden Lanai

Thomas Cook, M.D.
Ahmed Iqbal, M.D.
Daniel Ulrich, M.D

Dr. Thomas Cook graduated from Northwestern University Medical School in Chicago. He recently finished his residency at the University of Hawai`i in 2013. He is currently in private practice in the Varsity Building near UH. He is most interested in understanding how the gaps in child development affect his patients, as well as how particular types of illogic and cognitive style affect mental illness. Additionally he is interested in some of the ongoing efforts in positive psychology to arrive at a fuller definition of mental health.

Dr. Iqbal "Ike" Ahmed is a faculty member of the Department of Psychiatry at the Tripler Army Medical Center in Honolulu. He is Clinical Professor of Psychiatry at the Uniformed Services University of Health Sciences. He is also a Clinical Professor of Psychiatry and Geriatric Medicine at John A. Burns School of Medicine (JABSOM), University of Hawai'i. He is board certified in General Psychiatry, Geriatric Psychiatry, and Psychosomatic Medicine. He is also a Fellow of the Royal College of Psychiatrists, England. He is a Distinguished Life

Group 1 con't

Fellow of the American Psychiatric Association, and a Fellow of the American College of Psychiatrists.

He is active as a teacher, clinician and researcher in Geriatric and General Psychiatry. He has researched and published in the areas of Geriatric Psychiatry, Neuropsychiatry, Consultation/ Liaison Psychiatry, Psychopharmacology, Cultural Psychiatry, and Psychiatric Education. He is a co-editor of the book "The Spectrum of Psychotic Disorders" published by Cambridge University Press.

Dr. Daniel Ulrich is a child and adolescent psychiatrist and Medical Director of the Hawai`i State Dept. of Health, Child and Adolescent Mental Health Division.

Dr. Edward Fisher is Professor and Associate Dean for Academic Affairs and the Director of the M.S. in Clinical Psychopharmacology Program at The Daniel K. Inouye College of Pharmacy at the University of Hawai`i – Hilo, where he teaches courses in the program.

In this three hour program our distinguished panel will address more advanced issues regarding common diagnoses and classes of drugs which practicing clinical psychologists and other mental health providers need to understand in order to work with and support our clients who are on psychotropic medications.

Psychopharmacologic Treatment for Common Psychiatric Disorders - What's New? - Iqbal Ahmed, M.D.

This presentation will focus on new drugs, as well as other biological treatment approaches, that have become available for the treatment of common psychiatric disorders, as well as new research findings on possible effectiveness, lack of effectiveness and adverse effects from the use of psychiatric drugs. If time permits there will be a discussion of possible reasons for failure of medication treatment.

Common Psychiatric Disorders and Associated Medications in Children and Adolescents - Daniel Ulrich, M.D

Dr. Ulrich will discuss common psychiatric disorders in children and adolescents and describe advances in pharmacological treatments currently available. He will describe the risks and benefits of using psychotropic medications with a young population.

Commonly Messed-Up Meds. - Thomas Cook, M.D.
The focus of this presentation will be common misunderstandings and mishaps in prescribing psychotropic medications. Dr. Cook will illustrate some common problems with case examples.

Learning Objectives: As a result of completing this workshop, participants will be able to:
1. Describe newly available drugs for the treatment for the common psychiatric disorders in children, adolescents, and adults.
2. Communicate and collaborate with psychiatrists and other prescribers about possible benefits and concerns about use of these drugs.
3. Give three examples of unfortunate medication scenarios.
4. Describe the four most common groups of psychotropic medications.
5. Explain the mechanisms of action of common medications.
6. List the major neurotransmitters involved in psychopharmacology.
7. Discuss the common medications used for anxiety, depression, psychosis, and bipolar disorder.

Group 2 | Working with The 'Brilliant and Talented' (AKA Narcissists) and Those Who Love Them (1.25 CE Credits)
Venue: Plumeria

Jill Peterson, Psy.D., RYT
Dr. Laurie Sanford

Jill C. Peterson, Psy.D. is a clinical psychologist in private practice, a registered yoga teacher (RYT-200) and a certified senior trainer of iRest® Yoga Nidra--a meditation practice designed as a tool for psychological growth and well-being as well as a spiritual path. Her intention for clients is to develop a healthy relationship and deep connection with Self, allowing for an increase in trust in their own inner wisdom. This is accomplished in part by learning to identify, tolerate and process emotional experiences, as well as learning to work with and appreciate, different aspects of Self. Jill draws on traditional psychotherapy in working with clients, utilizing psychodynamic and interpersonal perspectives, in addition to eastern philosophical teachings of yoga and mindfulness. She specializes in working with clients who have narcissistic personality styles, as well as those who are in relationships with them; mental health professionals who wish to address issues of compassion fatigue, burn-out, countertransference issues, and professional development; and clients interested in learning more about meditation and implementing a spiritual practice into their daily lives.

Dr. Laurie Sanford has been in private practice in Hawai'i since 1999. She received her doctorate of psychology degree from Antioch NE graduate School, a Master's degree in counseling from Boston University and a Bachelor's degree with a major in philosophy and a minor in psychology from Simmons College. She did her internship at The Queens Medical Center in Honolulu and her post-doctoral study at The Cambridge Hospital, Harvard Medical School, with the Victims of Violence Program studying under the direct supervision of Dr. Judith Herman. After her internship Dr. Sanford taught History and Systems, Psychology of Women, Psychodynamic Theory for 2 years and taught family systems part-time at TAMC Psychiatry Department.

Most recently Dr. Sanford has been interested in understanding (partly through the use of awareness theory) and interested in treating those with narcissistic personality organization, as well as their partners in life, work and family.

This workshop will be both didactic and discourse. It will begin with a brief history of the concept of Narcissism, both its origins in Greek mythology and it's adoption by the field of psychology.

It will continue with a glimpse into current cultural images of the Narcissist and then offer a conception of Narcissism based in part on awareness theory, and in part on experiences of treating Narcissism.

The workshop's main focus will be on effective treatment of Narcissists and those who love them. It is intended to be a taste of the practitioners' work; enough of a taste, so that other practitioners might develop from their experience of this workshop, a greater comfort and confidence in their own work with this quite prevalent patient group.

Group 2 con't

Others input is strongly encouraged during the workshop, so that understanding and effectiveness with this population increases for all.

Learning Objectives:
1. To conceptually distinguish among narcissism, misogyny, and psychopathy.
2. To gain an understanding of a humanistic/holistic conceptualization of the person with a narcissistic personality structure. Including what it may be like to be them and what it may be like to work with them.
3. To begin to conceptualize an effective approach to treating those with a narcissistic personality structure.
4. To begin to conceptualize a treatment approach to working with the partners/family members or colleagues of those with a narcissistic personality structure.

Group 3 | Current and Future Trends in Health Insurance
Venue: Pakalana

Dr. Martin Johnson

A brief update on local and national trends in health insurance affairs as it applies to behavioral health.

1:45 pm – 2:45 pm **Practicum/Internship/Post-Doc Networking Hour**
Venue: `Ilima

The Networking Hour is an important opportunity for student conference attendees to obtain valuable information about practicum, internship, and post-doc options here in Hawai'i. Representatives from each participating local training program will be available for students to meet with and ask questions regarding their sites, in a casual and comfortable networking environment. Participating training programs include:

Argosy University Hawai'i Internship Consortium
Hawai'i Center for Psychology
Hawai'i Psychology Internship Consortium
I Ola Lāhui Rural Hawai'i Behavioral Health Program
Kapi'olani Child Protection Center
Pacific Islands Health Care System, VA
UH Mānoa Counseling & Student Development Center
Waianae Coast Comprehensive Health Center

3:00 pm – 4:30 pm **Seminar Session 4**

Group 1 | Psychopharmacology: An Advanced Workshop Continued (3 CE Credits)
Venue: Garden Lanai

Thomas Cook, M.D.
Ahmed Iqbal, M.D.
Daniel Ulrich, M.D.

Group 2 | Bridging the Gap Between Science and Practice: Realistic Ways for Therapists to Collect and Use Data on Client Progress
Venue: `Ilima

Jamal Essayli, M.A.
Jessica Murakami, M.A.
Kaitlin Hill, B.A.
Lesley Slavin, Ph.D.

This symposium explores reasons for the gap between the science and practice of clinical psychology and provides realistic ways for clinicians to collect and use data on client progress. The presentation will discuss the following: importance of science in clinical decision-making, an introduction of practical ways for clinicians to collect and use data in their practice and how data can be used to improve current and future client outcomes, and will describe how single-case experimental designs can be used in a clinician-friendly way to improve treatment for eating disorders and other mental health conditions.

Group 3 | Non-Traditional Healing Backed by Science and Conducted by Multidisciplinary Teams (1.5 CE Credits)
Venue: Plumeria

Barbara G. Melamed, Ph.D.
Erin O'Carroll Bantum, Ph.D.
Brooke Bruffey, Psychology Student
Melba Stetz, Ph.D., BCN, COL
Michael Russo, MD. Ph.D
Terry Shintani, MD, JD, MPH
TeMoana Makolo, Hula Teacher
Scott Gallacher, MD

Dr. Barbara G. Melamed is a health care professional with decades of research in preparation of individuals for medical events, the importance of family and social supports in dealing with chronic life-threatening conditions, brain tumors, R.A., asthma and as a recent expert on issues of returning soldier and veterans facing frustrations of re-integrating into jobs, families, schools and professional training she understands the necessity of multidisciplinary teamwork. She served as director of a 10-year NIH pre- and postdoctoral training in Behavioral Medicine. Mentoring students is her passion.

Dr. Erin Bantum- She is a clinical health psychologist working full-time in research, testing psychosocial and health behavior change interventions for people who have had cancer. The work that will be discussed today is the work she and a team have been conducting in the biobehavioral effects of Hula as a physical activity intervention. While we know that physical activity is important for all of us, finding ways to encourage culturally appropriate physical activity might be more motivational. Much of Dr. Bantum's work includes a component of social support, and that important aspect of this and other interventions will also be discussed.

Brooke Bruffey, Psychology student at Liberty University suffered a near death experience in intensive care. She has devoted her career to making sure others with disabilities such as her rheumatoid arthritis can get the educational and clinical experiences even at the undergraduate level to allow progression to professional foundations in medical/health and clinical psychology.

Dr. Melba Stetz. "Once we become Drs. many of us are eager to open up our own practice as this can be great for us, as we view our " professional" (grown-up) image. However, in many cases, it is better to consult with other generalists/specialists we can potentially see other ways to help our patients—which should be our main goal. Therefore, this presentation is about the efficacy of collaboration between fields. Specifically, the world of psychology can benefit by not only being a subspecialty, (e.g. cognitive) but by actually working with others as the brain experts: neurologists.

Dr. Russo and Dr. Stetz are retired Army Colonels and are working together to help our community. This is the only office in the city with a Dense-Array EEG and a model of "heal your brain". They also serve as professors and consultants in topics as military psychology, organizational psychology, neurology/sleep and seizures.

Group 3 Con't

New Tools for Psychology of evidence-based data of complementary and alternative treatments for health-related psychological issues carried out by interdisciplinary teams and the patients involved.

Discussion & Summary: How do we evaluate non-traditional treatment in a meaningful way with patients? Importance of informed consent, ethics of treatment involvement, and effectiveness of multidisciplinary collaboration. Participant and audience discussion.

Learning Objectives:
1. Describe three of the nontraditional approaches to chronic illnesses, including breast cancer survivorship, intensive care post-traumatic episodes, sleep disorders, and traumatic brain injury or seizures.
2. What outcome measures are used to evaluate the effectiveness of Hula support therapy in survivors of breast cancer?
3. What outcome measures should be used to evaluate the long-term effects of having been in an intensive care unit for life-threatening illness? Training needs for psychologists who are interested in medical-psychological interface.
4. Definition of Dense Array Electroencephalographic procedures used in care of patient with brain issues related to sleep disturbances, traumatic brain injury and seizure disorders.
5. Outcomes of treatment and evaluation in overnight Sleep Clinic treatment patients using Dense Array Electroencephalogram recordings.
6. How to optimize collaborative treatments across disciplines including neurology, psychiatry, psychology and alternative care practitioners.
7. What outcome measures should be used to evaluate the long-term effects of having been in an intensive care unit for life-threatening illness? Training needs for psychologists who are interested in medical-psychological interface.
8. Definition of Dense Array Electroencephalographic procedures used in care of patient with brain issues related to sleep disturbances, traumatic brain injury and seizure disorders.
9. Outcomes of treatment and evaluation in overnight Sleep Clinic treatment patients using Dense Array Electroencephalogram recordings.
10. How to optimize collaborative treatments across disciplines including neurology, psychiatry, psychology and alternative care practitioners.

Group 4 | Opportunities for Forensic Practice in the Private Sector
Venue: Pakalana

Harold V. Hall, Ph.D., ABPP
James Spira, Ph.D., MPH, ABPP
Chris Van Marter, Esq.
Wendy DeWeese, Esq.
Scott Bell, Esq.

The purpose of this session is to inform and encourage properly qualified Hawai'i psychologists and other mental health professionals to provide services in the criminal-forensic and civil forensic arenas in select areas of their expertise.

4:30 PM **PAU!**

POSTER PRESENTATIONS

Methamphetamine Neurotoxicity in the Brain and its Effects on Dopamine Reception, Microglial Reactivity, and its Implications for Treatment in Abusers
Lei'a L. Twigg-Smith

The Role of Psychologists in Financial Health: Providing Insight on How Culture Influences Money Behaviors
Lianne T. Philhower, Mei-Lin Lawson, Adrienne Kadooka

Integrating Psychological and Financial Health: The Missing Component in the Training of Psychology Graduate Students
Lianne T. Philhower, Mei-Lin Lawson, Adrienne Kadooka

In the Face of Adversity: Valued Living and Decentering as Buffering Factors in the Relationships Among Social Disadvantage, Psychological Distress, Drinking to Cope and Problem Drinking
Lucas Morgan, Ph.D.

The Benefits of the Psychology-Neurology Alliance: Practice and Science
Michelle James, Psy.D., Michael B. Russo, M.D., Melba C. Stetz, Ph.D.

Limits of the Human Mind
Robert M. Anderson, Jr., Drew G.M. Anderson

Working Memory: Why Do We Have It, and Why is It So Limited?
Robert M. Anderson, Jr., Jacob D. Boston

beacon
health options
beaconhealthoptions.com

2015 HPA AWARDS

Lifetime Achievement (Pat DeLeon Award):
Rosemary Adam-Terem, Ph.D.

To recognize psychologists in the state of Hawaii who have made distinguished contributions in their lifetime of work in the areas of practice, science, public interest, and/or education and training that advances psychology as a science or a profession.

Daniel K. Inouye Award:
Kelly A. Stern

Awarded for the Advancement of Psychology in Hawaii by a non-psychologist.

Legislator of the Year Award:
Representative Mark M. Nakashima

Awarded to a Legislator for outstanding contributions to psychology and mental health services in the State of Hawai'i.

Media Award:
Kathleen Kozak, M.D.

Awarded for outstanding contributions to psychology and mental health services in the State of Hawai'i.

Significant Professional Contribution Award:
Jeffrey D. Stern, Ph.D.

Presented to a Hawaii psychologist who has made significant scholarly contributions and achievements in psychology.

Provision of Psych Services to a Rural Community Award:
Adrianna Flavin, Ph.D., LLC

Presented to a Hawaii psychologist who has provided significant contributions to individuals on a neighbor island or individuals living in rural areas of Oahu.

Outstanding Teacher Award:
Gayle Hostetter, Ph.D., ABPP-CN

To recognize an outstanding high school, community college, college or university psychology instructor.

Outstanding Student Award:
Adrienne Kadooka, MA

To recognize an outstanding high school, college or graduate student in the field of psychology.

AWARDS

HAWAI`I SCHOOL OF
PROFESSIONAL PSYCHOLOGY
AT ARGOSY UNIVERSITY

PREPARING PROFESSIONALS FOR CLINICAL PRACTICE

- **DOCTOR OF PSYCHOLOGY IN CLINICAL PSYCHOLOGY (PSYD)**
- **MASTER OF ARTS IN CLINICAL PSYCHOLOGY (MA)**

Our Doctor of Psychology in Clinical Psychology (PsyD) program is:

- Accredited by the American Psychological Association since 1998*.
- Specifically designed to produce practitioners

We believe that our clinical psychology programs are vitally important for developing psychologists to meet the mental health needs of our state and the greater Pacific Rim. You can learn more about the benefits of the Clinical Psychology programs by contacting

Lisa Trumbull at **808-791-5247** or **ltrumbull@argosy.edu**

**Argosy University does not guarantee third-party certification/licensure. Outside agencies control the requirements for taking and passing certification/licensing exams and are subject to change without notice to Argosy University.*

*The Doctor of Psychology in Clinical Psychology Program at the Hawai'i School of Professional Psychology at Argosy University is accredited by the Commission on Accreditation of the American Psychological Association (APA). Questions related to the program's accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, DC 20002 Phone: (202) 336-5979 / Email: apaaccred@apa.org Web: www.apa.org/ed/accreditation. Argosy University is accredited by the Senior College and University Commission of the Western Association of Schools and Colleges (985 Atlantic Ave., Suite 100, Alameda, CA 94501, www..wascsenior.org). See auprograms.info for program duration, tuition, fees, and other costs, median debt, federal salary data, alumni success, and other important info. Programs, credential levels, technology, and scheduling options are subject to change. 1001 Bishop Street, Suite 400 Honolulu, HI 96813, Phone: 808-536-5555, Toll Free: 888-323-2777111 ©2014 Argosy University®. Our email address is csprogramadmin@edmc.edu.

MAHALO TO OUR SPONSORS & SUPPORTERS!

We are fortunate to have many generous sponsors and vendors for this year's convention and would like to acknowledge and thank them.

MAILE SPONSORS ($5,000)

HAWAI`I SCHOOL OF PROFESSIONAL PSYCHOLOGY®
AT ARGOSY UNIVERSITY

ILIMA SPONSORS ($1,000)

OHA OFFICE OF HAWAIIAN AFFAIRS

beacon health options

TRADESHOW BOOTH VENDORS & OTHER SUPPORTERS

Central Pacific Bank
AXA Advisors
Designs by Kadooka

We recognize the importance that our student members play in sustaining the growth and future of our organization and profession. We wish to extend our aloha to the generous donations that allowed our student members to attend the convention.

HPA Convention Committee:

Chair: Rosemary Adam-Terem, P.h.D. (Chair)

Committee:
June Ching, Ph.D.
Maria Chun, Ph.D.
Jill Oliveira Gray, Psy.D.
Pua Hee, M.A.
L. Martin Johnson, Psy.D.
Adrienne Kadooka, M.A.
Daniel Meier, Psy.D.
Annie Nguyen, Psy.D.
Keith Pedro, Psy.D.
Alex Santiago
Darryl Salvador, Psy.D.
Nancy Sidun, Psy.D.
Lesley Slavin, Ph.D.
Jim Spira, Ph.D.
Jeffrey Stern, Ph.D.
Julie Takishima-Lacasa, M.A.
Marie Terry-Bivens, Psy.D.

Event Organizers:
Amanda Corby Noguchi & Marissa Jacobs, Under My Umbrella Inc.