

# **"Psychotherapy Research and Practice: Crossing the Great Divide"**

**HPA Annual Convention  
October 21 & 22, 2016  
Pomaika'i Ballrooms at Dole Cannery**

***Live web streaming also available ([click here for more info](#))***

REGISTER HERE

## **Friday - Louis Castonguay, Ph.D.**



### **Crossing the Great Divide Between Psychotherapy Research and Clinical Practice**

A renowned researcher and writer, Dr. Louis Castonguay is firmly grounded in the science of psychotherapy. In his full-day workshop at the convention, Dr. Castonguay will review cutting-edge research that will change the way you practice. By the end of the workshop, you will be familiar with the latest principles of therapeutic change, interventions that are most effective with particular types of clients, and characteristics of therapists that make them more effective than others. At the same time, Dr. Castonguay will challenge some of your cherished beliefs about psychotherapy and clinical practice.

## **Saturday - Elena J. Eisman, EdD, ABPP**

## **Integrated Care: Why, When, and Where Do You Fit?**

For decades, Dr. Eisman has been an advocate for psychologists at the state and national level. As the Director of the American Psychological Association's Center for Psychology and Health and APA's Associate Executive Director for Governance Operations, Dr. Eisman will present opportunities and challenges psychology will soon be facing and discuss the survival tools you will need for a prosperous and satisfying future.



## **Saturday - Morgan Sammons, Ph.D., ABPP**



### **The Emerging Healthcare Market: Legal and Regulatory Issues That Will Change Your Practice**

The expansion of professional psychology into the integrated healthcare environment and other specialized areas of practice represents a tremendous opportunity. At the same time, there are equally significant risks if we fail to take advantage of these developments. Other mental health professions, many less comprehensively trained than psychologists, will seize these opportunities unless we move nimbly. Dr. Sammons will address the skills that will be needed to practice effectively in this emerging healthcare market.

### **Psychopharmacology Update for Psychologists**

Prescriber or non-prescriber, having an understanding of the new antidepressants, mood stabilizers, stimulants and antipsychotics, their side effects, mechanisms of action, and use in combined treatment strategies is essential for practitioners who work with

patients who receive or are planning to use psychoactive medications. A prescribing psychologist for many decades, Dr. Sammons will provide you with up-to-date information on this important topic.

Don't miss out on these and the many excellent workshops, symposiums, roundtable discussions, papers and poster presentations listed below. Earn up to 12 CE credits that can be applied directly towards license renewal. Register before September 30th for a special early bird discount.



**Hawai'i Psychological Association  
2016 Annual Convention Program  
October 21 & 22, 2016**

Pomaika'i Ballrooms at Dole Cannery  
735 Iwilei Road, Honolulu, Hawai'i

**Friday, October 21, 2016**

7:30AM	REGISTRATION AND CONTINENTAL BREAKFAST
8:00AM - 9:00AM	TOWN HALL MEETING/HPA ANNUAL MEMBERSHIP MEETING
9:00AM - 12:15PM	KEYNOTE SPEAKER WORKSHOP (6 CEs) <b>Crossing the Great Divide Between Psychotherapy Research and Clinical Practice</b> <i>Louis G. Castonguay, Ph.D.</i> Refreshment break 10:30AM - 10:45AM

9:00AM - 12:15PM WORKSHOP (3 CEs)

**Meditation in Psychotherapy: Integrating  
Attentional Training Into One's Practice**

*James Spira, Ph.D., MPH, ABPP*

Refreshment break 10:30AM - 10:45AM

12:15PM - 1:45PM **PSYCHOLOGICALLY HEALTHY WORKPLACE  
AWARDS LUNCHEON**

*Keynote Speaker Mr. Howard K.F. Lee*

*President and CEO, UHA Health Insurance*

1:45PM - 5:00PM KEYNOTE SPEAKER WORKSHOP (continued)

**Crossing the Great Divide Between  
Psychotherapy Research and Clinical  
Practice**

*Louis G. Castonguay, Ph.D.*

Refreshment break 3:15PM - 3:30PM

1:45PM - 5:00PM WORKSHOP (3 CEs)

**Forget About 'Pain Management', It's Time  
for Comfort Skills - A New Treatment  
Paradigm for People in Chronic Pain**

*Daniel Lev, Ph.D.*

Refreshment break 3:15PM - 3:30PM

5:00PM - 7:00PM POSTER SESSION AND PAU HANA SOCIAL

**POSTERS:**

**Human Minds vs. Machine Minds: Will Robots Inherit the  
World?**

*Robert M. Anderson Jr., Ph.D., Yevgeniya K. Melnik, Psy.D. &  
Drew G. M. Anderson*

**A Phenomenological Neurocognitive Model of Drug Addiction**

*Robert M. Anderson Jr., Ph.D. & Shannon R. Pickett, M.A.*

**A Neuropsychological Theory of the Experience of  
Enlightenment**

*Robert M. Anderson Jr., Ph.D. & Holly McFarland, M.A.*

**Examining Objectified Body Consciousness as a Predictor of  
Body Image Avoidance**

*Brooke Bennett, M.S. & Emily Stefano, M.S.*

**Diagnostic Disclosure of Autism Spectrum Disorder with  
Children and Adolescents**

*Kathryn Chun, Ph.D. & Sean Scanlan, Ph.D.*

**Cultural Consideration in Psychological Evaluations in a  
Predominantly Asian American, Rural and Pacific Islander  
Population**

*Lisa Duke, Ph.D.*

**Therapeutic Assessment: The Prospect of Intervention  
Through Assessment**

*Elnur Gajiev, M.A. & Isaiah Moreno, LMFT, CSAC*

**Integrative Medicine for Veterans with Comorbid Substance  
Use and Chronic Physical Conditions**

*Isaiah Moreno, M.S. & David Robinson, M.A.*

**Attention! A Call to Managing Serious Mental Health Risk  
Among Pretraining Military Recruits**

*Lindsey J. Nelson, M.S. & Kandee Campbell, M.A., M.Ed.*

## **Rural Mental Health Quality Improvement Efforts Through Partnerships and Innovation**

*Trina E. Orimoto, Ph.D., Hannah Preston-Pita, Psy.D., Gary Schwiter, MCP & Brad J. Nakamura, Ph.D.*

## **Cognitive Dissonance and How It Shapes Our Decisions**

*Jonathan Ponce, B.S.*

## **Optimizing the Efficacy of Psychotherapy Through an Awareness of Nutritional Factors Influencing Brain Biochemistry**

*Alistair Taylor, B.S.*

## **Ho'oponopono: 'Ike Mana I'o, The Source of the Powerful Truth**

*Ryan Terao, M.A., Joy Bustrum, Psy.D, Theresa Tisdale, Psy.D. & Malina Kaulukukui, M.A.*

## **Saturday, October 22, 2016**

7:30AM - 8:00AM    REGISTRATION AND CONTINENTAL  
BREAKFAST

8:00AM - 9:00AM    WORKSHOP  
**A Simple Way to Look at Psychological  
Flexibility: The ACT Matrix**

*Elnur Gajiev, M.A.*

8:00AM - 9:00AM    ROUNDTABLE

## **Toward Cultural Competence in Forensic Clinical Training: A Dialogue**

*Lynett Henderson Metzger, Psy.D., JD & Neil  
Gowensmith, Ph.D.*

8:00AM - 10:30AM PANEL AND NETWORKING HOUR

### **Hawai'i Practicum, Internship and Post-Doc Site Overview & Networking Hour**

Hawai'i Psychology Internship Consortium  
Hawai'i School of Professional Psychology  
Internship Consortium at Argosy University  
I Ola Lāhui Rural Hawai'i Behavioral Health  
Program  
Pacific Islands Health Care System, VA  
Tripler Army Medical Center  
UH Mānoa Counseling & Student  
Development Center  
Waianae Coast Comprehensive Health Center

9:00AM - 10:30AM WORKSHOP (1.5 CE)

### **The Science of Love and Emotionally Focused Therapy**

*Priscilla Zynda-Otsuki, Ph.D., Cindy  
Goodness Zane, Psy.D., JD & Jeanie Li, Ph.D.*

9:00AM - 10:30AM WORKSHOP (1.5 CE)

### **Grounding Violence Risk Assessment in Relationship: A Workshop for Clinicians**

*Lynett Henderson Metzger, Psy.D., JD*

10:30AM - 10:45AM Refreshment Break

10:45AM - 12:15PM KEYNOTE SPEAKER WORKSHOP (1.5 CE)

## **Integrated Care: Why, When, and Where Do You Fit?**

*Elena J. Eisman, EdD, ABPP*

10:45AM - 12:15PM SYMPOSIUM (1.5 CE)

### **Psychology in Barren Lava Fields: Integrating Research and Practice in Rural Community Health**

*Diane E. Logan, Ph.D., Victoria K. Hanes,  
Psy.D., Alysa M. Lavoie, B.A. & Shane O.  
Anderson, RN, BSN*

10:45AM - 12:15PM SYMPOSIUM

### **Forensic Evaluation Research: Is It Actually Helpful to Clinical Practice?**

*Neil Gowansmith, Ph.D., Alex Lichten, Ph.D. &  
Brandon McNichols, Psy.D.*

12:15PM - 1:45PM **HPA AWARDS LUNCHEON & KEYNOTE  
PRESENTATION**

### **The Emerging Healthcare Market: Legal and Regulatory Issues That Will Change Your Practice**

*Morgan T. Sammons, Ph.D., ABPP*

1:45PM - 3:15PM SYMPOSIUM

### **Merging Research and Practice in the Treatment of Eating Disorders**

*Krista E. Brown, Ph.D., Allison Wagner, M.A.,  
Brooke Bennett, M.S. & Devin Rand-  
Giovannetti, M.A.*

1:45PM - 3:15PM ROUNDTABLE (1.5 CEs)



**The Hand-Off From Low-End to High-End  
Services for Youth: Can We Fix the System?**

*Lesley A. Slavin, Ph.D., Jenna Symons,  
Psy.D., Adair-Leland, Ph.D., Marie Vorsino,  
Psy.D. & Alex Bivens, Ph.D.*

1:45PM - 3:15PM KEYNOTE SPEAKER WORKSHOP (1.5 CEs)

**Psychopharmacology Update for  
Psychologists**

*Morgan T. Sammons, Ph.D., ABPP*

3:15PM - 3:30PM Refreshment Break

3:30PM - 5:00PM WORKSHOP (1.5 CEs)

**Understanding and Treating Veterans in the  
Community**

*Laura Cho-Stutler, Psy.D. & James Spira,  
Ph.D., MPH, ABPP*

3:30PM - 5:00PM WORKSHOP (1.5 CEs)

**Treating Young Adults with ADHD**

*Chun-I (Jeanie) Li, Ph.D.*

3:30PM - 5:00PM INDIVIDUAL PAPER SESSION

*Puanani J. Hee, M.A., Session Chair*

**The Neurodevelopmental Relationship Between Language and  
Effortful Control During Adolescence**

*Adrienne Kadooka, M.A.*

**Early Assessment and Intervention for Young People with  
Psychosis in Hawai'i**

*Mallory J. Klaunig, B.A., Christi L. Trask, B.A., Aaron M. Neis, B.A., Elsa H. Villarreal & David C. Cicero, Ph.D.*

**Self-Disturbances in Schizophrenia**

*Mallory J. Klaunig, B.A., Aaron M. Neis, B.A., Christi L. Trask, B.A. & David C. Cicero, Ph.D.*

**Neurocognitive Disorder with Lewy Bodies: Evidence-Based Diagnosis and Treatment**

*Charles M. Lepkowsky, Ph.D.*

**Geropsychology in Hawai'i: Needs and Barriers to Integrating Care for Kupuna and Their Families**

*Lucas Morgan, Ph.D.*

**Perceptions of Attenuated Psychosis Syndrome in College Undergraduates**

*Christi L. Trask, B.A.*

REGISTER HERE

**We look forward to seeing you at the  
Convention!**

**Hawaii Psychological Association**

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hawaiipsychology.org