



Hawai'i Psychological Association

For a Healthy Hawai'i

2011 Annual Convention

*“Out on a Ledge, Stepping Out to Promote Psychology
as a Science and Profession”*

October 28, 2011
Ko'olau Ballrooms
Kaneohe, Hawai'i

Welcome to the 2011 Hawai`i Psychological Association Convention

E komo mai! This year's theme ***Out on a Ledge, Stepping Out to Promote Psychology as a Science and Profession*** highlights Dr. Jeffrey Younggren's progressive look at issues of practicing ethically and prudently in the age of digital communication for which participants will receive 6 CE credits. Dr. Younggren, a nationally-known expert on risk management issues is sponsored by APAIT and those whose malpractice insurance is provided by the Trust will benefit from a 15% reduction off their American Psychological Association Insurance Trust (APAIT) sponsored Professional Liability Policy premium for 2 consecutive years at policy renewal. Additional workshop and presentation offerings focus on challenges facing researchers and practitioners' efforts to advance our profession in both the private and public sectors, with topics ranging from human trafficking, to conducting research and providing treatment to children in the public sector; from risk and resiliency in the Native Hawaiian population, to current and future challenges facing professionals conducting forensic evaluations. The convention topics allow us to both examine and take pride in the manner in which our profession is growing and evolving to meet the needs of a changing society.

This is not only a time to immerse yourself in the convention's educational content, but also to meet new colleagues, renew old relationships and rejuvenate and restore yourself. The presentations and events will be at the Ko'olau Ballrooms on the beautiful windward side of O`ahu. Please visit their website at <http://koolauballrooms.com/>.

The day will begin with a "Town Hall Meeting" discussion with Barbara Higa Rogers, Psy.D. (HPA President), Jeffrey Stern, Ph.D. (HPA President Elect), Jill Oliveira Gray, Ph.D. (Past President), and Nancy Sidun, Psy.D. (APA Council Representative). Join in this lively conversation to discuss professional concerns you feel are most important and to help shape the state and national agenda of the psychology profession!

The winners of the Psychologically Healthy Workplace Awards (PHWA) will be announced at our luncheon. This is the 12th year that the Hawai`i Psychological Association (HPA), in cooperation with APA, has established the "Healthy Workplace" Awards in the State of Hawai`i. Several of our winners have gone on to achieve honors and recognition at the national level.

We wish to extend our kokua to our student members. We invite HPA members to sponsor students who would like to attend the convention by making a donation towards defraying student costs. Please extend your kokua for our students and write in your donation on the registration form.

We extend a warm invitation to you. We look forward to seeing you and hope you find this convention enjoyable, informative, and professionally stimulating. Please stay for our special gathering and awards ceremony at the conclusion of the conference.

HPA Convention Committee Members: Rosemary Adam-Terem Ph.D., Jill Oliveira Gray Ph.D. , Nancy Sidun Ph.D., Barbara Higa Rogers Psy.D. , Keith Pedro Psy.D., William Tsushima Ph.D., Lesley Slavin, Jeffrey Stern Ph.D. June Ching Ph.D.

About the Convention. . .

Ko'olau Ballrooms: The Ko'olau Ballrooms are located at 45-550 Kionaole Road, Kaneohe, Hawai'i 96744. They can be reached at 808-954-7000 or by email at info@koolauballrooms.com.

Friday, October 28th: The multi-track convention program and CE workshops will be in the Grand Ballroom; and in the Kaaawa and Kaneohe rooms.

Parking: Parking is free and located directly in front of the entrance to the ballrooms.

Continuing Education Credits: CE credits will be given only to those who attend the entire workshop and complete and submit the evaluation form before leaving the convention on Oct. 28, 2011:

6 CE *“Adventures on the Electronic Frontier: Ethics and Risk Management in the Digital Era” Jeffrey Younggren, Ph.D.*

This program is co-sponsored by the Hawaii Psychological Association. The Hawai'i Psychological Association is approved by the **American Psychological Association (APA)** to sponsor continuing education for psychologists. HPA maintains responsibility for the program and its content. Participants will be provided with documentation of CE credits. Complaints should be directed to Jill Oliveira Gray, CE Administrator, HPA, P.O. Box 833, Honolulu HI 96808.

Important Notice: Those who attend the workshop, sign in and out, and complete and submit the evaluation form will receive continuing education credits. Please note that APA CE rules require that credit is only given to those who attend the entire workshop. Those arriving more than 15 minutes after the scheduled starting time of Dr. Jeffrey Younggren's Workshop or leaving before the workshop is complete will **not receive CE credits.**

Who should attend the CE workshops: The workshops will be beneficial for psychologists, psychiatrists, social workers, marriage & family therapists, nurses, counselors, CSAC counselors and other allied health care professionals. Information provided in the workshops will also be helpful for members of other professions and agencies.

“Adventures on the Electronic Frontier: Ethics and Risk Management in the Digital Era”
Jeffrey Younggren, Ph.D.

Description:

Most of us have heard about the dual meanings of the Chinese ideograph for crisis: danger and opportunity. This is a great descriptor of the situation psychology finds itself in with regard to the rapid development of new electronic technologies that could revolutionize the way we provide psychological services. The provision of remote (i.e., internet or telephone based) psychological services is developing rapidly and has been identified as a priority by a number of federal agencies. The Department of Defense currently uses these technologies to evaluate and/or treat its personnel in both combat and noncombat settings. In addition, insurance companies and Medicare are already reimbursing these services in limited circumstances. Psychologists are already involved in this process. The current regulatory system, however, was designed for an environment in which services are provided in person with treatment provided face-to-face. Currently, this dated system has no provisions for treatment to be provided otherwise and is struggling with how to deal with and regulate telepsychology. Consequently, how the regulatory environment will respond to all of this is quite gray at this point. On the one hand, the system is conservative, based on state regulation and geared to protecting consumers within states. On the other hand, everyone realizes that this technology is both revolutionary and has enormous potential to create progressive advancements which cross regulatory borders, raising questions about statutory authority and its applicability.

With the expansion of the digital age even psychologists who have no interest in providing some or all their services remotely are being confronted by issues having to do with the new internet and computer-based technologies. Facebook, Google, cyber reviews and attacks, email, texting, Twitter, Skype, real time audio and visual technology, encryption and computer security are impacting almost all psychologists. Many questions regarding the internet and digital communication have arisen for psychologists and include: Can I have a Facebook page? What can I put on it? How do I secure my electronic communications?

How much of my private, non-professional life is appropriate to reveal to the public? How do I control access to my private and personal information?

The Trust's experience in giving workshops and taking risk management calls indicates that psychologists are not fully prepared to deal with these developments, particularly those who were not raised in the digital world. Regardless, even psychologists unfamiliar or uninvolved with these new technologies know that they are revolutionizing communication and creating a variety of new professional challenges from which no psychologist can escape.

This workshop will address the above issues starting with a point in time review of the current status of digital psychology and make predictions based on the current state of affairs as well as review the potential professional and economic advantages of using telepsychology. It will provide guidance to psychologists who wish to take full advantage of this technology before the rules are established, a circumstance that will likely expose them to some risk. Additionally, the workshop will review the current ethical rules, standards and underlying principles dealing with telepsychology and online services. It will then look at relevant laws, both current and in development and will address relevant court decisions, government policies, jurisdictional issues and licensing board responses. In summary, this workshop will provide those who attend with an overview of the beginnings of the evolution of regulatory policy for both psychologists interested in using

telepsychology and those who are less prone to embrace this new technology. Finally, and most importantly, this cutting edge workshop will provide practitioners with a method of identifying risks and with a process for developing a risk management strategy based on the approach presented in past workshops and in the Trust publication “Assessing and Managing Risk in Psychological Practice: An Individualized Approach.”

Learning Objectives:

- Participants will be able to apply basic ethical principles to evaluate risks, benefits, and appropriateness of using various electronic communication and social networking media in their professional practice in a variety of situations.
- Participants will be able to identify ethical, legal, and disciplinary trends concerning electronic communication that will allow them to anticipate, plan, and adjust their practices accordingly.
- Participants will be able to evaluate when and how to provide remote professional services, therapeutic, and otherwise to clients in a way that minimizes disciplinary risk.
- Participants will be able to understand, apply, and integrate the laws and legal principles governing remote practice within and between states.
- Participants will be able to identify various kinds of professional credentials that will enable them to increase their professional mobility.
- Participants will be able to develop amendments to their informed consent and documentation and professional consultation policies to accommodate remote practice and electronic communication.
- Participants will be able to identify important issues regarding privacy and confidentiality created by electronic communication media and technologies that present risks to clients so they can clearly discuss these risks with clients who wish to utilize these technologies.
- Participants will be able to evaluate and improve their competency to utilize electronic technology and provide remote services to their clients.
- Participants will be able to discuss and apply specific, positive, ethically based, strategies to manage the disciplinary risks presented by remote electronic communication and professional service delivery based on documentation, consultation, informed consent, and demonstration of competency.

About the Speaker:

A Fellow of the American Psychological Association and a Distinguished Member of the National Academy of Practice, Dr. Younggren is a clinical and forensic psychologist, who practices in Rolling Hills Estates, California. He also is a Clinical Professor at the University of California, Los Angeles, School of Medicine. Dr. Younggren served as a member and chair of the Ethics Committees of the California Psychological Association and the American Psychological Association. He consults to various licensing boards on ethics and standards of care, and he qualifies as an expert in criminal, civil, and administrative proceedings. Recently, Dr. Younggren testified regarding the fallibility of memory secondary to trauma and post traumatic stress disorder before the United Nations Bosnian War Crimes Tribunal in the Hague.

CONVENTION MORNING PROGRAMS

7:30 a.m. **Registration**
Foyer

8:00 – 8:50 **“President’s Town Hall Meeting”**
a.m. **Town Hall Meeting with Barbara Higa Rogers, Psy.D. (HPA President), Jeffrey Stern, Ph.D. (HPA President Elect), Jill Oliveira Gray, Ph.D. (Past President), and Nancy Sidun, Psy.D. (APA Council Representative) with Special Guest, Lynn Fallin, Deputy Director Behavioral Health, State of Hawaii Department of Health**
Glass
Ballroom

A lively conversation on critical issues facing psychologists in Hawai`i and the nation. You will learn how APA and Hawai`i partner on initiatives important to both practice and research oriented psychologists and discuss the professional concerns you feel are most important at the state and national levels.

9:00 a.m. - **“Adventures on the Electronic Frontier: Ethics and Risk Management 3.0 CE**
12:00 p.m. **in the Digital Era”**
Grand **Jeffrey Younggren, Ph.D.**
Ballroom

See workshop description on page 3 & 4

9:00 – 10:30 **“Psychologists in Public Service and Public Policy in Hawai`i: Challenges and Opportunities”**
a.m. **Lesley Slavin**
Makai Room

This presentation is a forum for psychologists working in or interested in the Hawai`i public behavioral health system. Common concerns will be discussed, and the group will discuss ways to promote and to advocate for public sector psychology.

10:45 a.m. – **“Translation Research in Community mental Health Centers: Peer-led**
12:15 p.m. **WRAP Groups”**
Makai Room **Patrick Uchigakiuchi, Ph.D.; Steven Onken; Yiling Zhang; Sonia Wah Yick; Yu-Ming Mo; Vijaya Perumal**

This roundtable session will present results of a randomized controlled trial of a translated EBP, Wellness Recovery Action Planning, involving 150 consumers from two community mental health centers.

12:15 – 1:30 **Healthy Workplace Awards Luncheon**
p.m.
Glass
Ballroom

The Hawai`i Psychological Association Business of Practice Network (BOPN) committee is proud to sponsor the 2011 Psychologically Healthy Workplace Award Luncheon. This program recognizes organizations state-wide that have demonstrated excellence in the implementation of psychologically healthy work policies and practices.

CONVENTION AFTERNOON PROGRAMS

1:45 – 5:00 **“Adventures on the Electronic Frontier: Ethics and Risk Management 3.0 CE**
p.m. **in the Digital Era” (continued)**
Grand **Jeffrey Younggren, Ph.D.**
Ballroom

See workshop description on page 3 & 4

1:45 – 3:15 **“The Not So mysterious World of Forensic Psychology”**
p.m. **Carol Tyler, Ph.D.; Dennis Donovan, Ph.D.; Olaf Gitter, Ph.D.; Alex Lichten,**
Makai Room **Ph.D.; Tom Cunningham, Ph.D.**

This workshop will be a question and answer panel discussion dealing with forensic evaluations completed for circuit court. The evaluation typically involves fitness to proceed, penal responsibility (legal insanity) and dangerousness.

1:45 – 3:15 **“Current Trends in Human Trafficking: Definitions, Invisibility and**
p.m. **Vulnerability”**
Mauka Room **Nancy Sidun, Psy.D., ABPP, ATR; Jill Bloom, Ph.D.; Michelle Contreras,**
MA

In this symposium you will get an overview of human trafficking including definitions of trafficking, prevalence, effects, and risk factors including the role of culture, gender, ethnicity and socio economic status.

3:30 – 5:00 **“Evidence-Based Services (EBS) in Public Children’s Mental Health: The**
p.m. **Hawai`i Model”**
Makai Room **Charmaine Higa-McMilan, Ph.D.; Lesley A. Slavin, Ph.D.; Brad Nakamura,**
Ph.D.; Scott Kier, Ph.D.; Kelsie H. Okumura; John Steffen, Ph.D.

This symposium will describe efforts by the Hawai`i Child and Adolescent Mental Health Division (CAMHD) and their University of Hawai`i partners to promote and evaluate the use of evidence-based practices throughout the system of care.

3:30 – 5:00 **“The Psychological, Medical and Legal Impact of Human Trafficking”**
p.m. **Judy Okawa, Ph.D.; Nicole Littenberg, M.D.; Lowell Chun-Hoon, Esq.**
Mauka Room

This symposium will explore the complex web of coercive, often traumatic offenses which results in an equally complex array of psychological and physiological sequelae from psychological, medical, and legal perspectives.

5:00 – 7:00 p.m. Hawaii Psychological Associations' Annual Award Ceremony, Poster Presentations and Reception.
Grand Ballroom

At this time, HPA will recognize outstanding psychologists and non-psychologists who make significant contributions to the profession in Hawaii. While guests enjoy refreshments HPA will showcase the excellent work of several groups who will present their posters throughout the area.

Poster Presentations

Cross-culture comparisons of sexual motives: Differences between Chinese and Americans

Nu Tang, Elaine Hatfield, Dan Landis, Yiyuan Xu, Kentaro Hayashi

Positive Sexuality: Conceptualizing a Positive Psychology Approach to Sexuality

Dana Rei Arakawa, Corey E. Flanders

Sexual Strategies and Sex Roles for Modern Men and Women

Lennon Tyler

Summary for Posttraumatic Growth: A New Perspective on Trauma

Natalia Cardona

Virtual Reality Therapy for Combat-Related PTSD

Sarah Miyahira, Ph.D.; Raymond Folen, Ph.D.; Michelle Kawasaki, M.A.; James Spira, Ph.D.

Traumatic Events Among College Students: associated symptoms and potential protective factors

Susan Watson, Ph.D.; Jean Edman, Ph.D.; Emy Willis, B.A; Tabitha Carreira-Halliwell, B.A.,

Using the CES-D to Examine the Impact of Ethnicity and Gender in the Risk of Depression

Jean Edman, Ph.D.; Susan Watson, Ph.D.; David Patron; David Saechao

Technology to Relax Chronic Pain Patients

M.C. Stetz; C.L. Sousa; K.L. Nelson; K.S. Brown; R.A. Folen

A Comparison of Video & Modalities to Trigger a Desire to Smoke

M.C. Stetz; C.L. Sousa; K.L. Nelson; M.C. Anderson; R.A. Folen

Registration Information...

Convention Fees: The **convention registration fee is required** for attendance at all or part of the day-long convention. The full day includes lunch, refreshments, and pupus during the social hour.

Refund Policy: Full refunds will be given to participants who cancel on or before October 14, 2011. A \$15 handling charge will be assessed on cancellations received on or after October 15, 2011.

Member Registration: HPA members and non-members who are presenting during the convention **may** register at the member rate.

Student Registration: Individuals who are current HPA student members may register at the student rate.

Non-Member Registration: Individuals who are not HPA members, Allied Health professionals, and non-member students.

Neighbor Island Registration: HPA members who are full-time residents of the islands of Maui, Kaua`i, Hawai`i (Big Island), Moloka`i or Lana`i: **deduct 20%** off your total convention registration fee. Also, HPA members have offered to provide transportation to/from the airport. Inquire about the opportunity by contacting HPA.

Sponsor a Student at the Convention: Pay a student's registration fee by making a donation. Simply indicate the amount of your donation on the registration form.

Special HPA Membership Offer: Persons applying to join HPA up to the time of registration for the convention are eligible for the member registration rate and the 2011 membership benefits. If you are interested in joining, please call the HPA office, 521-8995, for an application or download the application from HPA's web site, www.hawaiipsychology.org/membership/index.html.

Need More Information? **Contact the Hawai`i Psychological Association:**
Phone (808) 521-8995 or email hpaexec@gmail.com

REGISTRATION FORM - Register early

Name _____ PHONE: (B) _____

Address _____ (Cell/H) _____

City, State, Zip _____ Email _____

Please indicate if you are a: Clinical Practitioner/Private Practitioner _____ Public Service Psychologist _____
 Training, Research, Education Psychologist _____ Student _____ Life Member _____

REGISTRATION INFORMATION: Circle appropriate fees to register.
Student Registration: Individuals enrolled in a degree program may register as a student.
 *Non-members who are presenting may register as an HPA Member.
Sponsor a Student – write in amount of donation
Discounts (20%) for Neighbor Island Residents

Registration Fees	Register Before September 30, 2011 and Save!	On or Before Oct 12	On or After Oct 13
HPA Members & Presenters	<input type="checkbox"/> CE Workshops, Programming, and Lunch	\$ 199	\$ 299
Non HPA Member	<input type="checkbox"/> CE Workshops, Programming, and Lunch	\$ 249	\$ 299
HPA Student Members	<input type="checkbox"/> CE Workshops, Programming, and Lunch	\$ 99	\$ 99

Donation		
Neighbor Island Discount		
TOTAL		

CIRCLE PAYMENT METHOD: Check enclosed, payable to HPA PayPal at www.hawaiipsychology.org
 MasterCard Visa AmEx (PayPal only) Purchase Order

For Credit Card, you must complete the following

Name (as it appears on card) _____

Card # _____ Exp date _____

Sig _____

**SEND REGISTRATION FORM
TO:**
 Hawaii Psychological Association
 PO Box 833
 Honolulu HI 96808
 Phone: (808) 521-8995
 FAX: (808) 521-8994