

Introduction to Therapeutic Assessment: Psychological Testing as Brief Psychotherapy

**Presented by
Stephen E. Finn, Ph.D.**

**Saturday, January 27, 2007, 9 am – 4:30 pm
Kapiolani Community College
Ohelo Dining Facility**

6 CE

Psychological assessment is typically viewed as something one does to diagnose psychological disorders or to plan for or evaluate an intervention. This workshop presents a new paradigm, where psychological testing itself is a powerful intervention for individuals, couples, families, children and adolescents. Grounded in humanistic, interpersonal, and intersubjective theories, the collaborative techniques of Therapeutic Assessment are respectful of clients from diverse cultural backgrounds. Also, clinicians from all professional backgrounds will find this workshop stimulating and inspiring, whether or not they conduct psychological assessments themselves.

In this introductory workshop, Dr. Finn will provide his conceptualization for how Therapeutic Assessment works and will present the different steps for how to conduct this method in practice. In addition to the presentation of didactic material and discussion, Dr. Finn will show video vignettes from his sessions with clients to demonstrate the power and impact of his model. The workshop assumes some familiarity with standard psychological assessment practices. However, explanations will be given of all technical material presented, and the workshop is open to all mental health professionals and students in training.

Objectives

At the end of the workshop, participants will:

- understand a model that uses psychological assessment as a therapeutic intervention as well as an information gathering tool.
- understand the active therapeutic factors in psychological assessment and how to maximize them.
- understand how Therapeutic Assessment is applicable to clients from diverse cultural backgrounds.
- know how psychological assessment can help illuminate puzzling and difficult behaviors in clients.
- understand when it might be useful to refer clients for a psychological assessment.

The Presenter

Stephen E. Finn, Ph.D., is an international expert in personality assessment and has pioneered work on Therapeutic Assessment, a method that systematically integrates psychological assessment with depth psychotherapy. Dr. Finn is the founder of the Center for Therapeutic Assessment in Austin, TX, a private practice group specializing in the integration of psychological assessment and psychotherapy.

Dr. Finn received his Ph.D. in clinical psychology in 1984 from the University of Minnesota. Formerly Associate Director of the Clinical Psychology Training Program at University of Texas at Austin, he currently is Adjunct Clinical Assistant Professor of Psychology at the University of Texas at Austin. Dr. Finn is a Fellow and former President of the Society for Personality Assessment and a Fellow of Division 12 of the American Psychological Association. He was Chair of the Psychological Assessment Work Group for APA's Board of Professional Affairs, which published two important reports on the benefits and costs of psychological assessment and problems and limitations in the use of psychological assessment in healthcare delivery. In 2003, Dr. Finn received the Martin Mayman Award from the Society for Personality Assessment for the best non-quantitative article in personality assessment.

Dr. Finn is the author of *A Manual for Using the MMPI-2 as a Therapeutic Intervention*, published in 1996 by the University of Minnesota Press, and of over 35 articles and chapters, especially on psychological assessment and psychodiagnosis. He has a forthcoming book on Therapeutic Assessment, *In Our Clients' Shoes: Theory and Techniques of Therapeutic Assessment*. Dr. Finn frequently lectures in the U.S. and around the world on topics related to assessment.

Schedule

08:30 am	Registration and coffee
09:00	Goals and theory of Therapeutic Assessment
09:45	Flow chart of a therapeutic assessment
10:00	The initial session
10:30	Break
10:45	The initial session (cont.)
11:15	Assessment intervention sessions
12:00	Lunch (on site for attendees)
1:00 pm	Assessment interventions (continued)
2:30	Summary/discussion sessions
3:30	Break
3:45	Written feedback
4:00	Follow-up sessions
4:15	Questions and discussion
4:30	Adjourn

Continuing Education Credits

The Hawaii Psychological Association is approved by the **American Psychological Association** (APA) to offer continuing education for psychologists. HPA maintains responsibility for the program and its content. Participants will be provided with documentation of CE credits. Complaints should be directed to Dr. Warren Loos, CE Administrator, HPA, 1188 Bishop St., Suite 912, Honolulu HI 96813.

Important Notice if you wish to receive CE: Those who attend the workshops and complete the HPA evaluation form will receive 6 continuing education credits. Please note that APA CE rules require that we only give credit to those who attend the entire workshop. Those arriving more than 15 minutes after the scheduled start time or leaving before the workshop is complete will not receive CE credits.

Who should attend the CE workshop: The workshop will be beneficial for psychologists, physicians, psychiatrists, physician assistants, social workers, marriage & family therapists, nurses, counselors, CSAC and school counselors and other allied health care professionals. Information provided in the workshops will also be helpful for members of other professions and agencies.

Workshop date: January 27, 2007

Workshop Location: Kapiolani Community College: Building—Ohelo /Dining Facility
Tamarind Room
4303 Diamond Head Road
Honolulu, Hawaii 96816

The facility is fully accessible.

Parking: Free parking. Pass the open Market and head towards the back of the campus (signs will be posted near the Open Market)

On site Registration: 8:30 am – 9:00 am

Lunch: 12 – 1:00 pm. Fees include lunch for workshop attendees.

HPA Membership: Persons applying to join HPA up to the time of registration for the workshop are eligible for the member registration rate. If you are interested in joining, please call the HPA office, (808)521-8995 for an application or download from the HPA web site, www.hawaiipsych.org/membership.html

Neighbor Island Registration: HPA members who are full-time residents of the islands of Maui, Kauai, Hawaii (Big Island), Molokai or Lanai: Deduct 20% off your workshop fee.

Refund Policy: Full refunds will be given to participants who cancel on or before January 19, 2007. A \$15 handling charge will be assessed on cancellations received on or after January 20, 2007.

*******Additional Training Opportunities for student registrants*******

Students who register for the Saturday conference will be invited to participate in a complementary Pre-Conference training session with Dr. Finn on Friday, January 26th at Argosy University/Hawaii.

REGISTRATION FORM

Introduction to Therapeutic Assessment: Psychological Testing as Brief Psychotherapy

Saturday, January 27, 2007

Name	Degree			
Address	City	State	Zip	
Phone Number(s)	e-Mail (please print)			

REGISTRATION INFORMATION: Circle appropriate fees to register.

Student Registration: Individuals enrolled in a degree program may register as a student.

Early registration deadline: January 19, 2007

Registration Fees **Register Before January 19, 2007 and Save!**

	On or Before Jan 19	On or After Jan 20
HPA Members	\$110	\$135
Non-Members & MDs	\$160	\$185
HPA Student Member	\$ 65	\$ 75
Student Non-Member	\$ 85	\$ 95
Allied Health profs Nurse, MFT, Social Worker, Counselor, PA, School & CSAC Counselor	\$ 95	\$105
TOTAL	_____	_____

CIRCLE PAYMENT METHOD: Pay online at www.hawaiipsych.org or
Check enclosed, payable to HPA MasterCard Visa AmExp PurchaseOrder

Send Registration Form to: HPA, 1188 Bishop Street Suite 912, Honolulu, Hawaii 96813
808-521-8995, 808-521-8994 (fax)

For Credit Card, you must complete the following

Name (as it appears on card) _____
Card # _____ Exp date _____
Signature _____

Postmark Deadline to Avoid Late Registration Fee: Jan. 19, 2007

For More Information? Phone (808) 521-8995 or email cparker@hawaiipsych.org