

Personality in Depth: Clinical Implications

Nancy McWilliams, Ph.D.

Workshop Description

Therapists are not particularly helped by thinking in the limited terms available in the DSM-IV, especially when they work with patients whose problems are complexly interwoven into their personalities. Dr. McWilliams will describe individual differences in terms that are dimensional, contextual, and inferential, in contrast to the tradition of descriptive psychiatry. This workshop will cover contemporary psychoanalytic ideas about personality and personality disorder, in terms of both degree of mental health or illness and type of personality structure. Emphasis will be on the clinical implications of conceptualizing patients in these more nuanced ways, and a focus will be kept on practical applications of the material covered.

Clinical vignettes from workshop participants will be welcomed, and the presenter will talk about her own clinical work in detail, especially her work with more challenging and difficult patients. She will present the case of a woman whose treatment required highly unconventional interventions based on an in-depth understanding of her psychology.

This workshop will be beneficial to experienced mental health practitioners; the content may also have value for students in the mental health professions.

Upon completion of this workshop, participants will be familiar with:

1. The history of psychoanalytic conceptualizations of character structure.
2. The multiple perspectives from which analytically oriented therapists and researchers have looked at personality organization: in terms of developmental fixation, defensive patterns, relational proclivities, pathogenic beliefs, and so on.
3. The clinical implications of these perspectives and of differentiating carefully between people of discrepant types of character, even if their presenting symptoms or problems are similar.
4. The phenomenology and clinical implications of schizoid personality organization.

Continuing Education Credits

Personality in Depth: Clinical Implications - The Hawaii Psychological Association is approved by the **American Psychological Association** (APA) to offer continuing education for psychologists. HPA maintains responsibility for the program and its content. Participants will be provided with documentation of CE credits. Complaints should be directed to Dr. Warren Loos, CE Administrator, HPA, 1188 Bishop St., Suite 912, Honolulu HI 96813.

Important Notice if you wish to receive CE: Those who attend the workshops and complete the HPA evaluation form will receive 6 continuing education credits. Please note that APA CE rules require that we only give credit to those who attend the entire workshop. Those arriving more than 15 minutes after the scheduled start time or leaving before the workshop is complete will not receive CE credits.

The Presenter

Nancy McWilliams, who teaches at the Graduate School of Applied & Professional Psychology at Rutgers, the State University of New Jersey, is author of *Psychoanalytic Diagnosis: Understanding Personality Structure in the Clinical Process* (1994), *Psychoanalytic Case Formulation* (1999), and *Psychoanalytic Psychotherapy: A Practitioner's Guide* (2004), all with Guilford Press, and is Associate Editor of the *Psychodynamic Diagnostic Manual* (2006). She is President-Elect of the Division of Psychoanalysis (39) of the American Psychological Association, Associate Editor of the *Psychoanalytic Review*, and on the editorial board of *Psychoanalytic Psychology*.

Dr. McWilliams has written widely on personality structure and personality disorders, psychodiagnosis, sex and gender, trauma, intensive psychotherapy, and contemporary challenges to the humanistic tradition in psychotherapy. Her books have been translated into twelve languages, and she has lectured widely both nationally and internationally. Her book on case formulation received the Gradiva Award for best psychoanalytic clinical book of 1999; in 2004 she was given the Rosalee Weiss Award for contributions to practice by the Division of Independent Practitioners of the American Psychological Association; and in 2006 she was made an Honorary Member of the American Psychoanalytic Association. A graduate of the National Psychological Association for Psychoanalysis, she is also affiliated with the Institute for Psychoanalysis and Psychotherapy of New Jersey and the National Training Program of the National Institute for the Psychotherapies in New York City. She has a private practice in Flemington, New Jersey.

Workshop location: **Ala Moana Hotel**, Carnation Room
415 Atkinson Dr., Honolulu, Phone: (808) 955-4811.
The facility is fully accessible.

Parking: Parking is available and with a validated ticket, the fee is \$2.00.

On site Registration: 8:30 am – 9:00 am **Workshop:** 9:00 am – 4:30 pm
Lunch: 12 – 1:00 pm. Fees include lunch for workshop attendees.

HPA Membership: Persons applying to join HPA up to the time of registration for the workshop are eligible for the member registration rate. If you are interested in joining, please call the HPA office, (808)521-8995 for an application or download from the HPA web site, www.hawaiipsych.org/membership.html

Neighbor Island Registration: HPA members who are full-time residents of the islands of Maui, Kauai, Hawaii (Big Island), Molokai or Lanai: Deduct 20% off your workshop fee. Also, HPA members have offered to host neighbor island residents in their home or provide transportation to the airport. Inquire about the opportunity by contacting HPA.

Refund Policy: Full refunds will be given to participants who cancel on or before November 8, 2006. A \$15 handling charge will be assessed on cancellations received on or after November 9, 2006.

Who should attend the CE workshop: The workshop will be beneficial for psychologists, physicians, psychiatrists, physician assistants, social workers, marriage & family therapists, nurses, counselors, CSAC counselors and other allied health care professionals. Information provided in the workshops will also be helpful for members of other professions and agencies.

REGISTRATION FORM

Personality in Depth: Clinical Implications *Saturday, November 18, 2006*

Ala Moana Hotel, Carnation Room

Name	Degree
Address	City/State/Zip
Phone Number(s)	e-Mail (please print)

REGISTRATION INFORMATION: Circle appropriate fees to register.
Student Registration: Individuals enrolled in a degree program may register as a student.
Early registration deadline: November 8, 2006

Registration Fees	Register Before November 8, 2006 and Save!	On or Before Nov 8	On or After Nov 9
HPA Members	<input type="checkbox"/> Personality Depth workshop	\$100	\$125
Non-Members & MDs	<input type="checkbox"/> Personality Depth workshop	\$150	\$175
HPA Student Member	<input type="checkbox"/> Personality Depth workshop	\$ 60	\$ 70
Student Non-Member	<input type="checkbox"/> Personality Depth workshop	\$ 75	\$ 85
Allied Health profs Nurse, MFT, Social Worker, Counselor, PA, CSAC Counselor	<input type="checkbox"/> Personality Depth workshop	\$ 85	\$100
	TOTAL	_____	_____

CIRCLE PAYMENT METHOD: Check enclosed, payable to HPA MasterCard Visa AmExp PurchaseOrder

For Credit Card, you must complete the following

Name (as it appears on card) _____

Card # _____ Exp date _____

Signature _____

SEND REGISTRATION FORM TO:

HPA

1188 Bishop St, #912

Honolulu HI 96813

Phone: (808) 521-8995

FAX: (808) 521-8994

Postmark Deadline to Avoid Late Registration Fee: Thursday, November 8, 2006

Need More Information? Contact the Hawaii Psychological Association: phone (808) 521-8995 or email cparker@hawaiiipsych.org